



St. Luke's Half Marathon
Winners Capture Their
Second Race Titles

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Runners Share
Why They Run
Pages 8-11

PERSONAL BEST

The official results magazine of the 2016 St. Luke's Half Marathon and 5k



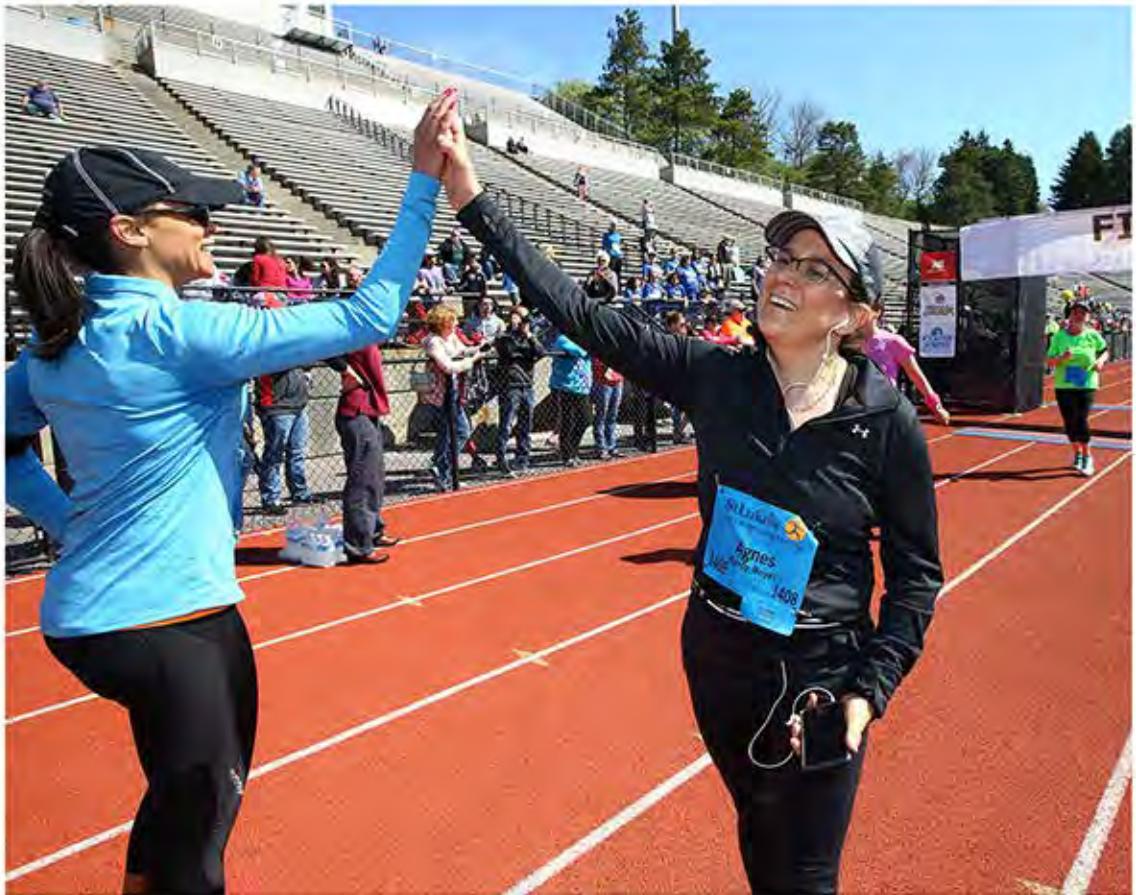
Also inside:

- Special Thanks
- How Are We Feeling?
- Youth Run
- Healthy Recipes

St. Luke's
HALF MARATHON
Bernadette
2017
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St. Luke's
HALF MARATHON





Photographers: Chris Knight & Jill Forsythe

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2016 St. Luke's Half Marathon and 5k

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PERSONAL BEST

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A Message from Discover Lehigh Valley



Welcome to Allentown and Lehigh Valley!

Congratulations on taking the first “step” to participate in the St. Luke’s Half Marathon activities. We are proud of the long tradition of highly competitive running events in Lehigh Valley and the St. Luke’s Half Marathon is one of the best.

Lehigh Valley is home to three cities, Allentown, Bethlehem and Easton - each undergoing incredible transformations. The host of this race, Allentown, has been transformed within the last three years. Known for its beautiful parks, you will be running through two of the largest, Cedar Creek Park and Lehigh Parkway.

You’ll find the real action is downtown. Anchored by the PPL Center, a multi-purpose arena and the adjoining 170-room Renaissance Allentown Hotel, a new breed of restaurants and retailers await you. From Roar Social House, Allentown Brew Works and Hamilton Kitchen & Bar to Grain, Bell Hall, Nosh and others, there are many options to curb your hunger and quench your thirst for something different. The Arts Walk is home to boutiques and dining, and leads you to the Allentown Art Museum of the Lehigh Valley.

If you have the time, make sure to discover the rest that Lehigh Valley has to offer. From the Crayola Experience® in Easton, the Martin Guitar factory tour and museum in Nazareth, The National Landmark District in Historic Bethlehem and the rebirth of an arts and entertainment campus on the site of the former Bethlehem Steel in South Bethlehem, we guarantee you’ll be back time and again to discover all Lehigh Valley has to offer you and your family.

Visit DiscoverLehighValley.com to see everything there is to discover and start planning your return trip. We are happy to welcome you back!

Have a great race!

Sincerely,

The Discover Lehigh Valley Team

P.S. Don’t forget to visit us on Facebook, Twitter and Instagram! [LehighValleyPA](#)



A Message from St. Luke's



1736 Hamilton Street
Allentown, PA 18104
610-770-8300

Dear Fellow Runners:

Congratulations on completing the St. Luke's Half Marathon and 5K!

I hope that you had a great experience. St. Luke's University Health Network is proud to support the Lehigh Valley Road Runners in promoting fitness and wellness in our community.

I am excited that such a positive event takes place only feet away from St. Luke's Hospital on Hamilton Street in the great City of Allentown. As a long-time runner, I have personally experienced the many benefits associated with our sport. Health and fitness go hand-in-hand and the more we encourage that relationship, the healthier we can make our community.

I am also very proud that hundreds of St. Luke's employees, family and friends, participated either as runners or volunteers in this year's event. Everyone who participated in this year's event is a champion – from the kids who participated in the Youth Run to the thousands of runners who completed the 5K or Half Marathon. Whether it was your first race or your hundredth, I hope it was memorable.

St. Luke's University Health Network is pleased to support this great community event year after year. I hope you will encourage your friends and family members to sign up for next year's race. Let's promote health and fitness together.

Sincerely,

A handwritten signature in black ink that reads "Frank Ford".

Frank Ford
President
St. Luke's Allentown Campus



St. Luke's Half Marathon Winners Both Capture Their Second Race Title

The men's and women's winners in April's St. Luke's Half Marathon both won the Allentown race for their second time on a beautiful April 24 morning.

Kevin Borrelli, of Dickson City, Pa., who previously won in 2010, ran 1:10:29 to top the 2,080-runner pack. Carly Shea, of Lewisburg, Pa., repeated as the women's winner with a time of 1:20:41.

"I'm grateful for every win," said Borrelli, 34, who finished third in the recent Scranton Half Marathon on April 10. Borrelli also has previously finished second and third in the St. Luke's Half Marathon.

Borrelli topped the men's field despite getting less than 5 hours of sleep prior to the race. He was out until past midnight at a twilight meet for Marywood University's track team, for which he is the assistant coach.

"The competition was good and the weather was awesome," he said of the St. Luke's Half. "The race has great crowd support."

Shea, 37, also said the St. Luke's Half Marathon is one of her favorite races.

"It's just so fun – the spectators and all the runners – everyone is so encouraging," she said.

Shea's husband, Terrance, usually runs with her, but he missed the race because he was coming back from an injury. Terrance Shea placed second in the 2014 St. Luke's Half Marathon.

"We were bummed because we both love this race," she said.

Shea finished more than two minutes before second place finished, Megan Duerring, of Easton, a two-time winner.



Kevin Borrelli, 1:10:29



Carly Shea, 1:20:41

Duerring's time for the 2016 race was 1:23:16.

Rounding out the women's top five was Cassandra Tripaldi, of Walnutport (1:25:00), Alexandra Swiatocha, of Mahopac, N.Y. (1:26:27) and Jenna Papaz, of Bethlehem (1:27:53).

"It's just so fun – the spectators and all the runners – everyone is so encouraging,"

Borrelli bested the men's second place finisher, Alex Diltz, of Mertztown, Pa. (1:11:20) by almost a minute. Rounding out the men's top five were Matthew Lutcka, of Mertztown, Pa. (1:12:23), the race's 2014 winner, Andrew Ferretti, of Macungie (1:13:45) and Dylan Cowell, of State College, Pa. (1:15:37).

Winners of the St. Luke's 5k were Ryan Ritter, 28, of Allentown with a time of 17:04 and Kristin Rutkowski, 39, of Bethlehem, with a time of 20:21.

The runners had almost picture-perfect weather, sunny, with temperatures starting in the mid 40s and reaching the mid-to-high 50s by the race's end.

This year was the seventh year that St. Luke's University Health Network has sponsored the event, which also included the St. Luke's Youth Run on Saturday, April 23. More than 600 children aged 3-14 participated in the free event on Saturday on Hamilton Street in downtown Allentown.

"The competition was good and the weather was awesome."

Proceeds from the St. Luke's Half Marathon and 5k benefit youth fitness, health and running programs across the greater Lehigh Valley.



Start Them Young at the St. Luke's Youth Run

As runners, one of the best things we can do is introduce young people to our sport and a lifetime of fitness. That's exactly the aim of the St. Luke's Youth Run.

On Saturday, April 23, about 600 children between the ages of 3 and 14 years old ran between 200 meters and one mile, depending on their age. The streets of downtown Allentown reverberated with cheers from the thousands of spectators who came to cheer their favorite young runner.

Thanks to the support from the Lehigh Valley Road Runners (LVRR), the race was free for all participants. Each runner received a shirt, finisher's medal and snack.

The race committee would like to thank all the wonderful volunteers from the LVRR and Parkland Cross Country teams. The 2016 St. Luke's

Youth Run committee members were Loretta Dodson, Mike Dopkin, Donna Fogel, Jennifer Jones, Meredith Longo, Mary Anne McCambridge, Christine McCorristin, Jill Miller, Dave Newton, Pam Puskas, Pam Reichard and Amy Wikert.

The LVRR awarded prizes to the top three area schools with the most participants. First place went to Bethlehem Christian School, which received \$750.00; Donegan Elementary School in Bethlehem was awarded \$500.00; and the \$250.00 third place award went to Freemansburg Elementary School. Congratulations to all three schools and to everyone who participated in making the St. Luke's Youth Run a huge success.





Special Thanks & Volunteers

Half Marathon Committee

Rob Cappelluzzo
Terry Delp
Loretta Dodson
Michael Drabenstott
Jill Forsythe
Scott Fowler
Ingrid Gerber
Steven Gerhard
Harold Hoeschen
Lynn Olanoff
Michael Martinez
Jack McCambridge
Elaine McCambridge
Jamie McKeon
Brian Patterson
Neal Novak, Co-Race Director
Ashley Park
Fred Reichenbach
Laurie Reinhart
Flo Rhue
Christina Roberts
Jennifer Saylor
Bob Shively, Co-Race Director
Janie Slamon
Lloyd Trego
Gayle Trenberth
Will Velekei
Dave Wall
Alissa Xander
Chris Garges

Youth Run Volunteer Group

Parkland High School Cross Country

Youth Run Volunteers

Loretta Dodson
Mike Dopkin
Donna Fogel
Jennifer Jones
Meredith Longo
Mary Anne
McCambridge
Christina
McCorristin
Jill Miller
Dave Newton
Pam Puskas
Pam Reichard
Amy Wikert

Course Volunteers

Paul Sebastian
Debra Bednar
Laura Heck
Steve Foster
Tammy Labar-Hoffman
Joe Gaffney
Christina Roberts
Roger Pum
Marilyn Pum
Lisa Stella-Ali
Angela Stella
Liz Toler
Lisa Aderhold
Rob Blizzard
Tamara Blizzard
Dixie Stebbins
Dan Cruttenden
Walter Boyle
Mike Freer
Ebony Adams
Charles Adams
Natalie Deitrich
Annette Drobil
Mary Anne McCambridge
Time Herb
Kate Egging

Expo Volunteer Groups

Parkland High School Boys Volleyball
Boy Scout Troop 12, Allentown
Nazareth High School Marching Band
Emmaus High School Angel Network
Girl Scout Troop 635, Allentown
Girl Scout Troop 6211, Allentown
Girl Scout Troop 6637, Coplay
Muhlenberg College Women's Rugby



Unloading Supplies After Half At Club House

William Allen High School Basketball

Course Volunteer Groups

Girl Scouts Rivers Edge Service Unit
Northeast Ministry
William Allen High School
Touchdown Club

Sponsorship Committee

Ingrid Gerber – Chair
Michael Drabenstott
Lloyd Trego

Stadium Volunteer Groups

Palmerston High School Track & Field
Parents Club

Half Marathon Course Pacers

Jim Warrenfeltz
Frank Nick
Nick Miller
Allison Fiorini
Ashley Stumpff
Aaron Bealer
Heidi Pernia
Ingrid Gerber
Alissa Xander
Michelle Garges
Laurie Reinhart





Special Thanks and Volunteers, continued

Expo Individual Volunteers

Bernie Pongcraz
Cheryl Novak
Luann Heller
Nancy Hofmann
Tim Lambert
Wendy Body
Michael Bryfogle
Paul Covert
Petrina Davidson
Kara Ellis
Louella Joyner
Gwen McCurdy
Suanne Rieker
Patricia San Andres
Karen Thibodeau
Lisa Toback
Chris Xander
Jessica Manjack
Ana McGovern

Half Marathon Water Stops Groups

Allentown Central Catholic High School Track & Field
Bulldogs Cross Country Booster Club
Boy Scout Troop 362, Bethlehem
Notre Dame High School Athletic Booster Club - Cross Country
Special Olympics

Baggage Control

Janie Slamon
Bruce Luff
Emmaus High School Cross Country & Track & Field Booster Club

Food Volunteers

Jamie McKeon
Salisbury High School Ice Hockey Team

Special Thanks To

Allentown Rescue Mission Clean Team
Queen City Timing
Lehigh Valley Amateur Radio Club
Allentown School District Staff
City Of Allentown Emergency Medical Services

Therapy Tent Volunteers

Wayne E. Sigler, LMT, BCTMB
Sam Reichgott, LMT
Nicole Muschett, DC
Joe Przybylowicz, LMT

Expo Vendors

Aardvark
Delaware & Lehigh National Heritage Corridor
Special Olympics
Easton Outdoor Company
Magical Racecations
Girls on the Run Lehigh County
GUNA Inc.
ID Life
Fuel by Success
New Balance Saucon Valley
National Running Center
RUseeN Reflective Wear
The Seltzer Group

St. Luke's Hospital & Health Network
Cancer Support Community of the Greater Lehigh Valley

The Stick
Words from the Wise
LVHN Marathon for Via
Runner's World Half & Festival Team in Training
Lehigh Valley Road Runners
Blue Mountain Resort

The St. Luke's Half Marathon, 5k and Youth Run are among the largest running events in the nation organized and managed solely by volunteers. The events are run without paid staff or contracted employees. We are eternally grateful to the hundreds of volunteers who make this race amazing year after year. Thank you!





2016 St. Luke's Half Marathon & 5K Runners Share Their Motivation for Running

Each year the St. Luke's Half Marathon and 5K recognizes the "St. Luke's Running Stars". These "St. Luke's Running Stars" are everyday runners with inspirational stories that remind us how powerful the sport of running can be.

A committee of race volunteers and St. Luke's representatives select the honorees from dozens of submissions. Their stories are shared here and can be found at stlukeshalfmarathon.com/running-stars/.

This year we honor eight runners: Ethan David Kent, Dianne R. Andresen, Janet Snyder, Albert Babb, Kara Cenni, William Schoentube, Jennifer Davis and Sierra Brooks.



Ethan David Kent (on left)

My name is **Ethan David Kent** (Gun Time: 1:43:30; Chip Time: 1:43:11) and I want to share why I run. Four years ago this month my wife and my 2 year old daughter flew from NYC to MI to visit my mom and dad. Their birthdays are four days apart and the perfect gift was a visit from us so they could introduce their granddaughter to their home, their friends and their neighborhood for the very first time. What we anticipated was going to be an exciting weekend of

fun family events was immediately cut short. Instead of heading "home" from the airport we headed to the emergency room. Something about my dad just wasn't right, and that something was brain cancer.

That weekend became unforgettable for all the wrong reasons.

On the fourth anniversary of that fateful day, I'll be in Allentown running the St. Luke's Half Marathon. My wife, my daughter, my mom, and my dad will be all be there watching. From 2012 to 2015 my dad's doctors at U of M did a brilliant job of treatment. They couldn't cure him, but they improved his condition dramatically and then succeeded at keeping him stable, stable enough so that he and my mom could move their life out of the only state they ever lived in so that they could be closer to us. Last year, they chose a new address in Bethlehem, PA based on a number of appealing factors—#1 was the recommendation to St. Luke's Hospital.

Ever since my mom and dad arrived last October, St. Luke's has been amazing at continuing the legacy of care they've needed to keep going. They've made the transition seamless and everyone he's been in contact with has been welcoming and accommodating. I can't say honestly that every day is a gift because there have been setbacks and some really crappy things that have happened, but my dad has a beautiful relationship with his now five year old granddaughter, he can see us as often as he likes, and he has confidence that everything he's gone through to date has been worth it to get this far.

Shortly after my dad was diagnosed I took up a parallel initiative to begin competing in endurance athletics with

the goal of becoming an Ironman. I wanted to fight for something I wasn't sure I could achieve. I wanted to experience the pain that it would take to get through some days. I wanted to turn my life upside down and make a daily commitment to crossing a finish line that can only be reached if you don't quit. By doing what I do I want my dad to know that I'm running with him, and that I won't stop. By doing what we do together I want to show others what can be done.



Dianne R. Andresen (on left)

What is this supposed to be about? My name is **Dianne R. Andresen** (Gun Time: 2:10:46; Chip Time: 2:09:30) and well, I really don't love running, but I love the triathlon.

I'm not sure what it is. The thing about running is it's actually very challenging to me because I hate it so much. To me, it's like trying to win someone who despises you. When I first moved here to the Lehigh Valley, I ran on the treadmill, I lifted, did the stair climber thingy and various other gym machines. I did not run outside.

Here is how my running career started. Through various events, I had met three very accomplished women in the Lehigh Valley running community. They finally talked me into running outside. I think my first run was in 90 degree heat around the Lehigh Parkway. It was 6 miles. It was hard. There was



Their Motivation for Running, continued

something tortuous about it, but when I was done I felt extremely accomplished. By the way, these women had me signing myself up for my first half marathon after my first 6 mile run. They were relentless in their torture. They encouraged me to run my first full marathon a year later.

And then, a friend of mine with the initials SR encouraged me to do a sprint triathlon and I absolutely fell in love with it. If you are not familiar with triathlon, running is a pretty integral part of this type of race. So next year in 2017 I'll be attempting an Ironman.

Back to the inspirational women in my life...I love them because they never say I'm crazy. They encourage me every step of the way. The thing about signing up for these races and completing them is that there is a discipline that you have to train. You have to stick to it and you have to cross the finish line and isn't that how life is? I've accomplished so much in the last four years of my running career. But, this is really not about me it's about the women who inspired me to run. If they read this they know who they are. There are hundreds of them and I love them all.

Back to the inspirational women in my life...I love them because they never say I'm crazy. They encourage me every step of the way.

There are three ladies in particular that I would love to thank with all of my heart: Jenna Jebitsch, Leslie Billowitch and Nadine Hamilton. I can never thank them enough because without them I wouldn't be running my fourth marathon. I would have never attempted two half Ironmans and a future commitment to Ironman Lake Placid in 2017. I probably wouldn't be teaching spin classes or running obstacle course races.

It's not really about the physical act of running that I love but the comradery and support from my running peers. It's about being around others who encourage and help you burst out of your bubble whether it be a career move, a relationship or an extremely challenging race.



Janet Snyder (on left)

My name is **Janet Snyder (Gun Time: 1:56:09; Chip Time: 1:55:22)** and my very 1st answer to, "Why you are running" would be Because I Can! I'm blessed with my health and the ability to run, when so many who would give anything to run even a few steps but they can't. I feel so deeply if I'm blessed to run a race in my hometown, then I'm going to do it, and also be thankful because no one but the Lord God knows if I'll be able to do it again next year or even tomorrow.

I first started running one day while I sat at the Rose Garden at Cedar Beach Park. I sat on my blanket and just thought I need to get in shape. I was 18 and now I'm 55. I just got up off my blanket and ran around the Rose Garden. What was just a football field to start, turned into one mile at time. I was so sore and could hardly walk for about a week. One mile turned into twelve and it was all I wanted to do. I loved running through the Lehigh Valley Parkway and streets of Allentown.

I moved away in 1981 from Allentown, which is my home town, and moved to California for 20 years and I now reside in Shawnee, Kansas. I was born at Allentown Hospital. It is so ironic how I happen

to register for this race. I read running magazines all the time and in 2015 I read about the St. Luke's Half Marathon. Knowing it was in April which I thought was a perfect time to come home and visit my mom and dad and also run on the streets I grew up on I just knew I had to sign up for it.

A lot has happened since I signed up for the St. Luke's Half Marathon. I run 10% for myself and the rest is for all those I love so very much. My mom was diagnosed with COPD and is now on oxygen. Ironically she was taken care of by St. Luke's Hospital and they really helped get her home from the hospital and help her on a way to a new life. My nephew's wife is having pregnancy complications and their unborn baby named Rosemary my not live once born.

I have been training every day and my running has many WHYS. I run for my mom, my nephew's unborn baby, Rosemary, and so many more I love. I can never run just for myself it is always for those I love.



I am **Albert Babb (Gun Time: 1:34:31; Chip Time: 1:34:23)**. I run to combat my problematic genetics. I run to provide me spiritual balance. I run in honor of those who cannot. I run to be an inspiration for my three sons.

Distance running has allowed me to combat high cholesterol/blood pressure and weight issues prevalent in my genetic



Their Motivation for Running, continued

make up. Annual blood tests identified steady increases in the early warning signs. This year my doctor said that all that has been erased. Thanks to running my blood pressure, cholesterol, and glucose levels are in check.

I've found a great group of individuals in the American Cancer Societies DetermiNATION. Together we create awareness and fight for "More Birthdays" and for those who can't. It's this push that allows us to break through any wall - in a race or in life. All it takes is a little DetermiNATION.

Running has shown my sons that a healthy lifestyle is important early on. It's led them to participating in kids' fun runs at ages 5 and 3.

Running has shown my sons that a healthy lifestyle is important early on.

Lastly, running has provided me with spiritual balance. Like most, I've faced adversity in life. While it could of been easy to go down the wrong path, which I started to, I luckily caught myself and bought a pair of running shoes. 2 miles turned to 6 miles which turned into a half marathon then finally training for and completing my first marathon miles last fall. Now I'm hooked with no plans of slowing down. Being able to channel the negative energy that finds you and feel it exit the body with each stride has transformed running from a hobby to a necessity.

Running has provided me with proper health, which allows me to be a role model, and running gives me a means to find spiritual peace and center. "I run this body".

Post Race: My quest for a Boston qualifying time moves forward as I received a new PR time with a 1:34 time at this year's Half Marathon!



My name is **Kara Cenni** (**Gun Time: 29:43; Chip Time: 29:23**) and I always hated running. In 2012, a very dear friend and the caregiver of my children for 8 years was diagnosed with cancer. After a very brave fight, so many loving family members and friends lost Lee in the summer of 2013. It was during this time that I took to running; perhaps trying to find logic and sense at the end of each mile.

Shortly after Lee passed, my brother Keith was diagnosed with an aggressive form of brain cancer. At age 45 and

I run for Lee. I run for Keith. I run for Linda.
I am running the St. Luke's 5K for the Cancer Support Community.

in otherwise great health, the news completely devastated our family. After two brain surgeries and extensive treatment and rehabilitation, he lost his battle in May 2015.

Most recently, my mother-in-law, Linda, was diagnosed with pancreatic cancer in early 2015 and fought the awful disease for over a year before passing in January 2016.

In less than 3 years, as this awful disease pervaded our family, the running wasn't nearly enough. Even though I will never find any logic or sense behind the diagnoses of some of the most caring and gentle people I have known, I found a soft place to fall. I found the Cancer Support Community.

When I learned of the St. Luke's run through Strides of Hope, I realized this would be a great way to focus my running. I run for Lee. I run for Keith. I run for Linda. I am running the St. Luke's 5K for the Cancer Support Community. With donations I have raised, the Cancer Support Community is able to continue to provide programs to families in the area affected by cancer.



I am **William Schoentube** (**Gun Time: 2:34:40; Chip Time: 2:33:20**) and I am running the St. Luke's Half Marathon in honor of my daughter who in 2007 was diagnosed within 24 hours by the very talented doctors at St. Luke's Fountain Hill facility that she had Gillian Beret syndrome. She was treated shortly thereafter. I truly believe the St. Luke's medical team is reason she is alive today and is able to walk and do all of her daily activities with no lasting effects. She will soon be a senior at Mansfield University!

(Caption for photo: Taken in January 2016. My daughter made a full recovery and has been able to participate in the Walt Disney World 10K two years in a



Their Motivation for Running, continued

row. My daughter, Miriah, volunteers for the Walt Disney World Marathon and cheers me on as I complete the Dopey challenge.)



Jennifer Davis (on left)

I am **Jennifer Davis** (**Gun Tim: 48:57; Chip Time: 48:30**) and St. Luke's has helped both of my parents back on the road to health. In November 2013 my dad was hospitalized with heart failure and untreated diabetes at the Anderson Campus ICU. He met a great cardiologist whom he continues to partner with for his health. Just last month, my mom was at St. Luke's Main Campus for double knee replacement. She had both her surgery and her initial rehab there, and continues her outpatient physical therapy at the St. Luke's facility in Hellertown.

The St. Luke's Half Marathon in 2014 was my goal race, and when I had finished, I felt like I was no longer defined by my Crohn's Disease. I was a runner just like everyone else that day.

I am doing the 5K in honor of my parents — for my dad's heart and my mom's knees.



My name is **Sierra Brooks** (**Gun Time: 1:51:07; Chip Time: 1:50:32**) and I have Crohn's Disease, Psoriasis and Psoriatic Arthritis, and I am a runner. I was first diagnosed with Crohn's Disease at 13 and even with medication I struggled to feel better. It was difficult to get off the couch. I was angry and frustrated that I had to suffer with a disease because I was only a teenager. My parents encouraged me to work out and I resisted. My physician supported the exercise regimen and still I wouldn't get active. I figured if the medication wasn't working then what could exercise do? My dad is a runner and finally he convinced me to go out with him. It was only a mile but it was the start of a change in my philosophy and an improvement in my outlook and my health. As the miles piled up I couldn't believe how good it made me feel. I had a new sense of accomplishment and freedom. I finally felt like I was in control.

I decided to run my first half marathon when I was a senior in high school. My friends thought I was crazy, but my parents were encouraging. I was determined to succeed. My dad and I trained together all winter long and I had good days and bad but I stayed focused on my goal and when race day arrived I was ready. The St. Luke's Half Marathon in 2014 was my goal race, and when I had finished, I felt like I was no longer defined by my Crohn's Disease. I was a runner just like everyone else that day. It hasn't been easy. In 2015 I developed the

psoriasis and psoriatic arthritis, as well as a bowel resection, but I still managed to complete my second half marathon, even shaving a few minutes off my time. My doctors and I now have the psoriasis and Crohn's Disease under control. My joints still ache, but I will not be deterred. I will not be defined by my conditions because I am a runner. I feel my best when I am out on the road or on the trail. When I run the stress of life disappears. I am now a sophomore in college and St. Luke's Half Marathon 2016 will be my third half marathon.

Congratulations to all our St. Luke's runners who find happiness and fulfillment in the act of running. If you have a story that inspires you and you think it will inspire others, please share it with your running community. Did you run the 2016 St. Luke's Half Marathon or 5K and plan to run in 2017? If so, please share your motivational story on why you are running. Look for details on how to submit your story at stlukeshalfmarathon.com!



**St. Luke's Half Marathon
and 5K**

*Join us for our 33rd year
running of the race!*

Sunday, April 23, 2017

Registration opens October 1, 2016.
(Early bird discount is available
October 1-31, 2016)

Register online at
www.stlukeshalfmarathon.com

Hope to see you in 2017!





And how are we feeling (Physically and Mentally!) 24 hours later?

Hundreds of runners took to the St. Luke's Half Marathon and 5K Facebook Page to share how they were feeling post race. The page received hundreds of likes! Thanks for sharing your feelings with your fellow runners!

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Suanne Arvay Rieker

I did the 5K. Fast course & fabulous weather. KUDOS to our hometown Lehigh Valley Road Runners (LVRR) Club for once again a super well organized event. KUDOS to all the volunteers for both the 5K and the 1/2 Marathon. KUDOS to our local Chef Jamie providing FAB'ulicious vegan food at the end of the event, black bean burgers, quinoa salad, soup and so much more for 5,000 yes I said FIVE thousand runners. KUDOS to the City of Allentown Police and Fire Departments for manning the streets to keep us Safe.

Jeffrey Bracken

Great – ready for work!

Joe Zairo

Great, at work and planning my next race!

Carolyn Albright

Great, and proud of myself

Jennifer Trumbore

Little bit sore, I gotta admit! Lots of walk-breaks scheduled into my work day today :)

Mentally – good! I'm looking forward to a break in training, and running for fun for a while. :D

Kathy Hunt- Morales

Feeling much better, upset stomach yesterday after 13.16 running. I have to figure out what to eat before a long race like this. I'll be back in October for the next half.

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Frank S. Graziano Jr.

Mentally fantastic!! Physically? Getting there, lol, have yard work planned for the day.

Stephanie Szlasa

A bit sore, enjoying a day off of work :D

Ronald J. Young Jr.

Legs are very tight and sore!

Jennifer Lynn

A little sore, but ready to sign up for another half in September!!

Amanda March

Amazing! Still reflecting on what a fantastic day yesterday was!

Mario Rosa

Tired, but looking forward until next year.

Donna Fritchman

Legs sore but much better than last night.

Quinton Dees

Mentally great....physically a little stiff :)

Lorna Wuerthele Mattern

Fantastic and sore, the stairs are a bit of a challenge today! First half under my belt, looking forward to the next one!



24 Hours Later... continued

f Search for people, places and things

Update Status Add Photos/Video

News Feed
 Message
 Events
 Photos
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 Find Friends

Matthew Kasznicki

I am ready to run another half marathon race today. I need to start running 16 to 20 miles a week to qualify for the Boston Marathon on September 11th 2016 at the VIA Marathon.

Corrine Joy Kanetski Gayl

A little sore but proud to have my first half marathon under my belt! Any suggestions/ thoughts on avoiding post race "runner's trots"? Rough few hours post race...

AJ Babb

Feel ok. A 5mi. shake out run – just what the Dr. ordered.

f Search for people, places and things

Update Status Add Photos/Video

News Feed
 Message
 Events
 Photos
 Browse
 Find Friends

Jen Green

Ran my first half marathon & I am still on a high from finishing :) ...messed up my left ankle but otherwise feeling pretty good after 2 nice hot showers & rolling out with my stick a few times (thanks to my awesome mom, Catherine M Green).

Mary-Kate B. McGuire

Great!!

Megan O'Brien Duerring

Feeling extremely grateful for the volunteers for this race. Every single one of them helped with a smile on their face. Such an outstanding community to belong to! Thank you all!

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'She Said Yes!' Couple gets engaged at half-marathon finish line

By Pamela Sroka-Holzmann

When 32-year-old Jerome Thyberg met his girlfriend, Megan Paolucci, six months ago on an online dating website, Thyberg said he knew he found the one.

The couple spent time getting to know each other through email conversations and phone calls before having their first dinner date. Other dates quickly followed as they began to find more and more similar interests, said Thyberg, who lives in Scranton and works in plastic engineering.

And even when they didn't have certain things in common, such as Thyberg's desire for marathon running, Paolucci, 29, a bank employee from Clarks Summit, Pa., had no trouble trying new adventures.

The pair decided over the winter to register for the St. Luke's University Health Network's annual half-marathon and 5K race in Allentown.

It was there on Sunday morning that Thyberg said he knew his life would be changing forever. The second his now fiancee crossed the finish line, Thyberg dropped down on one knee and proposed.

"I wanted her to be surprised and knew this was the way to do it," he said.

The couple built on their relationship through running.

They trained weekly for the 13.1-mile race, running around a 3 1/2-mile lake in the Scranton area. The race would be Paolucci's first half-marathon and Thyberg's second, having run the full Garden Spot Village Marathon last year.

Thyberg knew during their last week of training that he wanted to pop the question at the finish line. And there was no

question Paolucci was dedicated in getting there.

In the initial days of training, Paolucci couldn't make it around the lake without stopping, but she kept at it until she completed the run time after time, Thyberg said.

"It was quite an accomplishment for her," he said.

In the days leading up to the half-marathon, Thyberg said he had one final thing to accomplish — getting approval from Paolucci's father, Mike Paolucci. And he did.

He then handed Paolucci's mother, Kathy Paolucci, the white gold band with four princess cut diamonds and asked her to hold onto it for him until he crossed the finish line.

13 miles to engagement

The rest of Thyberg's plan went off without a hitch.

The runners had almost picture-perfect weather, with temperatures starting in the mid 40s and reaching the mid-to-high 50s by race's end.

The course began at 8:10 a.m. at William Allen High School and took participants through various Allentown parks, including the Lehigh Parkway, before finishing at J. Birney Crum Stadium. An estimated 2,100 runners participated in the half-marathon and another 440 competed in the 5K.

The couple ran side by side until they reached the last mile, in which Thyberg told Paolucci he loved her, was going ahead and said, "I'll see you at the finish line." He then sprinted forward.

Thyberg completed the race in 2 hours, 24 minutes. Just five minutes later, Paolucci crossed and found Thyberg with the ring in hand. Paolucci said she quickly said "yes" and began shedding tears as a crowd of spectators gathered and applauded, he said.

Paolucci's entire immediate family — including sister Melinda and brother-in-law Maurice Polen — saw the proposal coming from the sidelines. Melinda handed her a sign with a drawing of a ring, stating, "She said Yes!"

"I was not expecting it at all," Paolucci said. "I'm still in awe and we are on cloud nine."

Reprinted from the April 26, 2016, edition of lehighvalleylive.com





Healthy Recipes from Chef Jamie

Chef Jamie McKeon, Director of Nutrition for St. Luke's Half Marathon, is known for his nutritious and delicious recipes for runners. Chef Jamie focuses on healthy ingredients needed for runners to perform their best. His recipes have also been featured on WFMZ 69 News at Sunrise.

Goji Berry Energy Bars

Ingredients

1 cup walnuts
1 cup almonds
1 cup pumpkin seeds
6 dates
 $\frac{1}{2}$ teaspoon sea salt
1 teaspoon vanilla
2 tablespoons coconut flour
 $\frac{1}{2}$ cup agave
 $\frac{1}{2}$ cup cocoa nibs
1 cup goji berries

Instructions

1. Preheat oven to 350 degrees.
2. Grind walnuts, almonds and pumpkin seeds in food processor. Add the dates and pulse the mixture few times, leaving some texture.
3. Transfer the mixing bowl; add the other ingredients.
4. Mix well.
5. Spread mixture into 8x8 baking dish.
6. Bake for 20 minutes.
7. Cut into squares and serve.

Mango Avocado Salad

Yields 2 servings

Ingredients

4 avocados, cut $\frac{1}{2}$ in. cubes
2 mangos, cut $\frac{1}{2}$ in. cubes
 $\frac{1}{2}$ red onion, diced $\frac{1}{4}$ in.
1 small red pepper, sliced $\frac{1}{2}$ in. strips
 $\frac{1}{2}$ cup cilantro, chopped
6 tablespoons lemon juice
 $\frac{1}{4}$ cup olive oil
3 cloves garlic, minced
1 teaspoon salt

Instructions

1. Combine avocados, mangos, onions, peppers and cilantro in medium bowl.
2. In smaller bowl combine lemon juice, olive oil, garlic and salt. Pour over avocado mixture, toss to coat and serve.

Note

The lemon juice will keep avocado from turning brown, so keep the leftovers or make ahead without losing color. Need another way to keep avocados green? Place in a container with quartered red onion. They will keep even longer.

Sweet Potato, Kale and Quinoa Spring Rolls

Yields 2 servings

Ingredients

1 medium sweet potato - julienned
2 teaspoons coconut oil
2 cups kale
 $\frac{1}{4}$ cup cooked quinoa
4 rice paper wraps
salt and pepper to taste

Dressing

3 tablespoons tahini
3 teaspoons lemon juice
1 $\frac{1}{2}$ teaspoons tamari
1 teaspoon miso paste

1 small clove of garlic, grated
 $\frac{1}{2}$ teaspoon ground ginger
water as needed

Instructions

1. Preheat oven to 450 degrees. Toss sweet potatoes in oil and salt and pepper. Place on baking sheet, roast for 15 minutes until lightly browned.
2. While potatoes are roasting cut kale (chiffonade) and toss with quinoa and 1 teaspoon of dressing. Massage kale until it softens slightly. Set aside.
3. Fill large bowl with hot water, gently dip 1 rice paper at a time. Once the paper is softened, place on clean sanitized surface.
4. Lay kale and quinoa on center of paper and top with some sweet potato. Like a burrito, first fold in both sides, then fold closest edge to you over the filling and tightly roll away from you. Repeat.
5. Serving suggestion: cut in half on bias and dip in remaining sauce.







St Luke's HALF MARATHON





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Photos by St. Luke's University Health Network.



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Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
1	1	1	Kevin Borrelli	33	M	1:10:29	1:10:29	5:22	63	3	55	Joel Allen	44	M	1:31:37	1:31:32	6:59	125	3	22	Lauren Finn	40	F	1:36:35	1:36:28	7:21
2	1	2	Alex Diltz	23	M	1:11:21	1:11:20	5:26	64	9	56	Todd Weitzmann	46	M	1:31:46	1:31:40	6:59	126	19	104	Jeffrey Bracken	33	M	1:36:56	1:36:56	7:23
3	1	3	Matthew Lutcka	25	M	1:12:23	1:12:23	5:31	65	10	57	Craig Scheckler	47	M	1:31:49	1:31:47	7:00	127	11	105	Bill Fitzmaurice	50	M	1:37:02	1:36:53	7:23
4	2	4	Andrew Ferretti	27	M	1:13:45	1:13:45	5:37	66	4	58	Brian Clifford	51	M	1:32:03	1:31:58	7:01	128	5	23	Tracey Groel	29	F	1:37:05	1:37:01	7:24
5	2	5	Dylan Cowell	23	M	1:15:37	1:15:37	5:46	67	4	59	Rob Baran	43	M	1:32:11	1:32:08	7:01	129	2	106	Chris Krall	56	M	1:37:08	1:37:01	7:24
6	1	6	Todd Wiley	45	M	1:15:51	1:15:50	5:47	68	5	60	Jack Ford	40	M	1:32:16	1:32:14	7:02	130	7	24	Angie Wakeman	33	F	1:37:08	1:36:49	7:24
7	2	7	Casper Magacs	31	M	1:18:22	1:18:21	5:58	69	1	61	Michael Carolan	55	M	1:32:19	1:32:13	7:02	131	18	107	Tim Eckhardt	49	M	1:37:13	1:37:06	7:24
8	3	8	Will Gordon	27	M	1:18:34	1:18:33	5:59	70	10	62	Brad Young	39	M	1:32:23	1:32:20	7:02	132	20	108	Jonathan Radande	33	M	1:37:30	1:37:21	7:26
9	1	9	William Summers	17	M	1:18:34	1:18:29	5:59	71	1	9	Stephanie Soni	23	F	1:32:27	1:32:20	7:02	133	13	109	Wilmer Torres	40	M	1:37:32	1:37:31	7:26
10	1	10	Christopher Garges	41	M	1:18:51	1:18:50	6:00	72	5	63	Jeff Silvernale	50	M	1:32:47	1:32:40	7:04	134	14	110	Kyle Kreider	40	M	1:37:35	1:37:27	7:26
11	1	11	Kenrick Smith	36	M	1:19:17	1:19:17	6:02	73	6	64	Benjamin White	15	M	1:32:51	1:32:48	7:04	135	17	111	Tim Gaiser	36	M	1:37:41	1:37:34	7:26
12	1	1	Carly Shea	37	F	1:20:41	1:20:41	6:09	74	13	65	John Spanogle	30	M	1:32:51	1:32:26	7:04	136	10	112	Chad Gruver	24	M	1:37:49	1:37:37	7:27
13	2	12	Josh Irvan	45	M	1:21:17	1:21:17	6:12	75	9	66	Barry Saylor	26	M	1:32:51	1:32:44	7:04	137	1	25	Karen McGowan	59	F	1:37:49	1:37:45	7:27
14	3	13	Dillon Farrell	23	M	1:22:53	1:22:53	6:19	76	6	67	Steve F Maguire	51	M	1:33:00	1:32:58	7:05	138	1	113	Chris Moosey	60	M	1:37:50	1:37:42	7:27
15	3	14	Ryan Oconnor	30	M	1:23:02	1:22:58	6:20	77	11	68	Jonathan Soden	46	M	1:33:09	1:33:05	7:06	139	11	114	Jacob Rosnack	24	M	1:37:52	1:37:40	7:27
16	2	2	Megan Duerring	39	F	1:23:17	1:23:16	6:21	78	8	69	Cara Rosengard	20	M	1:33:12	1:32:56	7:06	140	19	115	Dag Boyesen	46	M	1:37:56	1:37:46	7:28
17	4	15	Dustin Malavolta	33	M	1:23:19	1:23:17	6:21	79	4	10	Krista Hohenholtz	31	F	1:33:45	1:33:40	7:08	141	14	116	Eric Gross	27	M	1:37:57	1:37:46	7:28
18	4	16	Eric Decker	27	M	1:23:37	1:23:36	6:22	80	5	11	Megan Natale	30	F	1:33:45	1:33:42	7:08	142	4	26	Tracy McFillin	41	F	1:37:58	1:37:47	7:28
19	2	17	Sean Russell	39	M	1:23:52	1:23:49	6:23	81	10	70	Jason Fehnrich	29	M	1:33:46	1:33:13	7:09	143	18	117	Christopher Dewalt	37	M	1:38:00	1:37:47	7:28
20	5	18	Adam Reese	26	M	1:24:30	1:24:27	6:26	82	11	71	Cory Crawford	36	M	1:33:50	1:33:46	7:09	144	1	27	Nadine Hamilton	49	F	1:38:02	1:37:50	7:28
21	5	19	John Mikovits	30	M	1:24:45	1:24:42	6:27	83	6	72	Adam Coffman	41	M	1:34:00	1:33:55	7:10	145	12	118	Gary Bonfante	51	M	1:38:03	1:37:56	7:28
22	3	20	Kevin Mahony	45	M	1:24:58	1:24:58	6:28	84	1	12	Nina Rems	43	F	1:34:19	1:34:15	7:11	146	12	119	Dennis Peterson	24	M	1:38:03	1:37:50	7:28
23	1	3	Cassandra Tripaldi	27	F	1:25:00	1:25:00	6:28	85	14	73	Mark Sterosky	30	M	1:34:21	1:34:16	7:11	147	13	120	Wayne Duboy	53	M	1:38:06	1:37:56	7:28
24	3	21	Stephen Ott	37	M	1:25:27	1:25:26	6:31	86	11	74	Dan Sobe	27	M	1:34:25	1:34:07	7:11	148	3	121	Matt Searles	55	M	1:38:11	1:37:56	7:29
25	4	22	Scott Motaka	39	M	1:25:30	1:25:28	6:31	87	12	75	Robert Kupillas	36	M	1:34:27	1:34:19	7:12	149	8	28	Deneen Reese	32	F	1:38:15	1:38:09	7:29
26	2	4	Alexandra Swiatocha	29	F	1:26:28	1:26:27	6:35	88	3	13	Christina Cangelosi	28	F	1:34:27	1:34:23	7:12	150	8	122	Martin Nealon	16	M	1:38:16	1:38:12	7:29
27	6	23	Jesse Wolfgang	34	M	1:26:42	1:26:39	6:36	89	13	76	Kyle Fliszar	37	M	1:34:28	1:34:22	7:12	151	15	123	Kevin Happ	43	M	1:38:18	1:38:04	7:29
28	1	24	Dennis McCarthy	53	M	1:26:46	1:26:45	6:37	90	15	77	William Hanlon	30	M	1:34:29	1:34:24	7:12	152	16	124	Eric Coyne	44	M	1:38:22	1:38:03	7:29
29	4	25	Lou Day	47	M	1:26:48	1:26:43	6:37	91	4	14	Sarah McKechnie	37	F	1:34:30	1:34:25	7:12	153	1	29	Raine Fussner	53	F	1:38:23	1:38:15	7:30
30	4	26	John Donchez	20	M	1:27:23	1:27:21	6:39	92	16	78	Aj Babb	31	M	1:34:31	1:34:23	7:12	154	17	125	Joe Guerrera	44	M	1:38:31	1:38:21	7:30
31	6	27	Andrew Kropf	27	M	1:27:25	1:27:22	6:40	93	7	79	Steve Kister	42	M	1:34:36	1:34:29	7:12	155	19	126	Pete Nicholson	36	M	1:38:32	1:38:31	7:30
32	2	28	Braden Keenan	16	M	1:27:32	1:27:30	6:40	94	12	80	Lawrence Costigan	49	M	1:34:38	1:34:32	7:12	156	21	127	Markus Weise	31	M	1:38:32	1:38:19	7:30
33	2	29	Douglas Farkas	52	M	1:27:33	1:27:30	6:40	95	13	81	Doug Degler	47	M	1:34:40	1:34:34	7:13	157	9	30	Heather Murphy	32	F	1:38:34	1:38:19	7:30
34	7	30	Mark Bahnuk	34	M	1:27:35	1:27:34	6:40	96	8	82	Tom Toth	43	M	1:34:43	1:34:39	7:13	158	15	128	Matt Wehrman	27	M	1:38:36	1:38:22	7:31
35	5	31	Stephen Kazmierczak	35	M	1:27:37	1:27:34	6:40	97	12	83	Frank Nick	25	M	1:34:49	1:34:43	7:13	159	22	129	Jacob Thielen	31	M	1:38:40	1:38:27	7:31
36	8	32	Brian Hager	32	M	1:27:38	1:27:36	6:41	98	9	84	Jake Flory	24	M	1:34:52	1:34:48	7:14	160	16	130	William Briganti	29	M	1:38:46	1:38:33	7:31
37	5	33	Adam Walsh	23	M	1:27:48	1:27:48	6:41	99	14	85	Robert Dallas	49	M	1:34:59	1:34:56	7:14	161	23	131	Chase Cooper	30	M	1:38:48	1:38:47	7:31
38	1	5	Jenna Papaz	33	F	1:27:55	1:27:53	6:42	100	14	86	Jeff Tintle	36	M	1:34:59	1:34:40	7:14	162	10	31	Joann Langione	31	F	1:38:49	1:38:39	7:32
39	3	6	Amy Grab	37	F	1:28:05	1:28:01	6:43	101	17	87	Jonathan Gibson	30	M	1:35:11	1:35:03	7:15	163	13	132	Ron Gerschel	21	M	1:38:50	1:38:24	7:32
40	2	7	Jenna Rau	31	F	1:28:10	1:28:08	6:43	102	7	88	Tom Churylo	52	M	1:35:14	1:35:08	7:15	164	20	133	Daniel Brown	47	M	1:38:50	1:38:42	7:32
41	5	34	Brian Krick	47	M	1:28:17	1:28:16	6:43	103	6	15	Alexis Williams	34	F	1:35:15	1:35:07	7:15	165	6	32	Tara McIlmon	39	F	1:38:54	1:38:42	7:32
42	3	35	Jason Warren	16	M	1:28:20	1:28:17	6:44	104	5	16	Mary Berkenstock	38	F	1:35:17	1:35:04	7:15	166	14	134	Jeff Fussner	52	M	1:38:56	1:38:48	7:32
43	9	36	Mike Clemson	34	M	1:28:29	1:28:27	6:44	105	9	89	Chris Blechschmidt	40	M	1:35:18	1:35:08	7:16	167	5	33	Suzanne Ivan	41	F	1:38:57	1:38:47	7:32
44	4	37	Ryan Spack	18	M	1:28:36	1:28:32	6:45	106	8	90	Doug Hochstetter	50	M	1:35:19	1:35:14	7:16	168	20	135	Steven Riffert	38	M	1:38:59	1:38:47	7:32</td



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Gun Time			Chip Time			PLC DIV			PLC GEN	Name	Gun Time			Chip Time			PLC DIV			PLC GEN	Name	Gun Time			Chip Time		
				Age	GEN	Time	Place	Time	Pace	Place	Div	Gen			Age	Gen	Time	Place	Time	Pace	Place	Div	Gen			Age	Gen	Time	Place	Time	Pace
187	19	147	Robby Wax	43	M	1:39:39	1:39:30	7:35	232	28	176	John Metzger	40	M	1:41:58	1:41:45	7:46	277	11	73	Maggie McDonnell	24	F	1:43:51	1:43:31	7:55					
188	27	148	Solomon Singer	37	M	1:39:43	1:39:32	7:36	233	34	177	Randy Nunemacher	36	M	1:41:59	1:41:42	7:46	278	9	205	Jim McDonnell	55	M	1:43:51	1:43:31	7:55					
189	20	149	Brian Croll	40	M	1:39:46	1:39:32	7:36	234	29	178	Bob Kachmar	44	M	1:41:59	1:41:53	7:46	279	2	206	Kirby Smith	62	M	1:43:53	1:43:38	7:55					
190	25	150	Peter Vuong	32	M	1:39:49	1:39:44	7:36	235	35	179	Carl Recchia	39	M	1:42:00	1:41:56	7:46	280	36	207	Patrick Crampsie	40	M	1:43:56	1:43:30	7:55					
191	8	41	Christina Smith	39	F	1:39:53	1:39:40	7:36	236	29	180	Ashkon Abouzari	31	M	1:42:05	1:41:56	7:46	281	18	208	Matthew Pierfy	29	M	1:43:56	1:43:51	7:55					
192	21	151	Mike Kramer	48	M	1:39:53	1:39:38	7:36	237	30	181	Tim Duckworth, Jr.	31	M	1:42:05	1:41:49	7:47	282	34	209	Mike Rohl	34	M	1:43:57	1:43:36	7:55					
193	26	152	Michael Strohl	32	M	1:39:55	1:39:50	7:37	238	19	182	David Constant	53	M	1:42:06	1:41:47	7:47	283	39	210	Christopher Westergom	38	M	1:43:59	1:43:48	7:55					
194	22	153	Todd Schnaufer	45	M	1:39:58	1:39:47	7:37	239	7	57	Jessie Alcheh	22	F	1:42:18	1:41:43	7:47	284	19	211	Larry Kolasensky	26	M	1:44:00	1:43:29	7:55					
195	28	154	Mark Albert	36	M	1:40:02	1:39:55	7:37	240	14	183	Thomas Macri	20	M	1:42:24	1:41:48	7:48	285	23	212	Kevin Bamford	52	M	1:44:01	1:43:29	7:55					
196	6	42	Samantha Lerner	19	F	1:40:11	1:39:53	7:38	241	15	184	Austin MacDougall	23	M	1:42:26	1:42:05	7:48	286	11	213	Brian Heckman	18	M	1:44:02	1:43:34	7:55					
197	21	155	Rod Cameron	41	M	1:40:12	1:40:07	7:38	242	12	58	Karen Grossi	38	F	1:42:28	1:42:20	7:48	287	3	214	Greg Sumner	64	M	1:44:03	1:43:55	7:55					
198	23	156	Jay Zubey	46	M	1:40:17	1:40:09	7:38	243	14	59	Jeanette Himpele	33	F	1:42:29	1:42:19	7:48	288	16	215	Collin Freitas	23	M	1:44:03	1:43:31	7:55					
199	2	43	Barbara Missal	51	F	1:40:23	1:40:04	7:39	244	30	185	Mark Murray	40	M	1:42:31	1:42:16	7:48	289	10	216	Paul Abraham	58	M	1:44:05	1:43:52	7:56					
200	11	44	Erin Hiestand	31	F	1:40:24	1:40:03	7:39	245	6	186	Robert Hartman	56	M	1:42:34	1:42:24	7:49	290	4	217	David Mariner	61	M	1:44:06	1:43:56	7:56					
201	16	157	Mark Li	51	M	1:40:26	1:40:12	7:39	246	8	60	Haley Smith	23	F	1:42:35	1:42:26	7:49	291	35	218	Daniel Devine	31	M	1:44:08	1:43:57	7:56					
202	5	45	Emma Hallett	20	F	1:40:37	1:39:59	7:40	247	20	187	Douglas Wagner	52	M	1:42:36	1:42:21	7:49	292	26	219	Rick Theiner	47	M	1:44:10	1:43:23	7:56					
203	22	158	Jared Bender	40	M	1:40:40	1:40:23	7:40	248	36	188	Jim O'Neill	39	M	1:42:37	1:42:25	7:49	293	4	74	Ann Krisher	54	F	1:44:11	1:43:57	7:56					
204	24	159	Anthony Rinaldi	49	M	1:40:50	1:40:37	7:41	249	31	189	Edwin Burnard	42	M	1:42:38	1:42:25	7:49	294	37	220	Jason Clifford	40	M	1:44:12	1:43:57	7:56					
205	12	46	Beth Berger	33	F	1:40:54	1:40:41	7:41	250	31	190	Cameron Johnston	31	M	1:42:38	1:42:16	7:49	295	5	221	Bengt Ivarsson	60	M	1:44:12	1:44:01	7:56					
206	23	160	Jim Socci	40	M	1:40:56	1:40:40	7:41	251	21	191	John Veschi	54	M	1:42:40	1:42:28	7:49	296	27	222	Brian Brenfleck	46	M	1:44:14	1:44:05	7:56					
207	13	47	Monica Baumer	34	F	1:41:01	1:40:41	7:42	252	13	61	Lisa Shutkufski	39	F	1:42:42	1:42:20	7:49	297	8	75	Courtney Hager	26	F	1:44:17	1:44:17	7:57					
208	9	48	Samantha Weiss	36	F	1:41:02	1:40:52	7:42	253	15	62	Amanda Shurr	34	F	1:42:49	1:42:28	7:50	298	24	223	Alan James	50	M	1:44:21	1:43:57	7:57					
209	24	161	Brian Frack	43	M	1:41:03	1:40:56	7:42	254	3	63	Wendy Body	52	F	1:42:53	1:42:39	7:50	299	18	76	Alyssa Young	34	F	1:44:25	1:44:11	7:57					
210	2	49	Robin Kasprenski	48	F	1:41:07	1:40:50	7:42	255	16	64	Breanna Henry	33	F	1:42:59	1:42:48	7:51	300	9	77	Erin O'Boyle	29	F	1:44:28	1:44:09	7:57					
211	10	50	Trish Dilg	38	F	1:41:10	1:41:01	7:42	256	32	192	Zafer Louisa	34	M	1:43:01	1:42:44	7:51	301	38	224	Andy Evans	42	M	1:44:28	1:43:18	7:57					
212	17	162	Scott Ellmaker	50	M	1:41:12	1:40:55	7:42	257	33	193	Will Brewer	31	M	1:43:03	1:42:33	7:51	302	40	225	John Page	35	M	1:44:30	1:44:09	7:58					
213	25	163	Brian Leyrer	42	M	1:41:18	1:41:13	7:43	258	32	194	Scott Sabatine	42	M	1:43:05	1:42:43	7:51	303	39	226	David Powell	41	M	1:44:32	1:44:12	7:58					
214	26	164	Tom Wright	40	M	1:41:19	1:41:03	7:43	259	33	195	Gennaro Landi	42	M	1:43:05	1:42:46	7:51	304	19	78	Amanda Volkmann	30	F	1:44:32	1:44:17	7:58					
215	6	51	Nicole Karsch	22	F	1:41:20	1:40:45	7:43	260	7	196	Scott Stackhouse	57	M	1:43:11	1:42:48	7:51	305	20	79	Allison Fiorini	33	F	1:44:39	1:44:22	7:58					
216	27	165	Steve Yeakel	43	M	1:41:21	1:40:57	7:43	261	9	65	Allison Constant	23	F	1:43:12	1:42:53	7:52	306	28	227	Michael Irwin	46	M	1:44:40	1:44:10	7:58					
217	6	52	Cassandra Cunningham	43	F	1:41:24	1:41:13	7:43	262	10	66	Jamie Redes	20	F	1:43:15	1:42:19	7:52	307	25	228	Randy Zack	52	M	1:44:45	1:44:41	7:59					
218	17	166	Jon Ehrlich	28	M	1:41:28	1:41:16	7:44	263	17	67	Amanda Grant	33	F	1:43:16	1:43:01	7:52	308	6	80	Nicole Napolitano-Lisicky	46	F	1:44:47	1:44:32	7:59					
219	27	167	William Yenkevich	32	M	1:41:29	1:40:55	7:44	264	8	68	Halea Corcoran	41	F	1:43:18	1:42:58	7:52	309	36	229	Chris Hendricks	30	M	1:44:48	1:44:28	7:59					
220	18	168	Scott Lowry	53	M	1:41:30	1:41:24	7:44	265	22	197	Tom Nelson	53	M	1:43:25	1:43:02	7:53	310	29	230	Marc Gilio	49	M	1:44:51	1:44:38	7:59					
221	29	169	Jack Basile	36	M	1:41:32	1:41:23	7:44	266	4	69	Lisa Georgis	47	F	1:43:27	1:43:18	7:53	311	11	231	Mark Huson	58	M	1:44:51	1:44:31	7:59					
222	28	170	Daniel Kaufmann	32	M	1:41:34	1:41:18	7:44	267	10	198	Robert Smith	48	M	1:43:28	1:42:49	7:53	312	40	232	Todd Pechar	40	M	1:44:52	1:44:37	7:59					

		315	7	82	Sharon Boyesen	48	F	1:45:03	1:44:36	8:00
In everything we do, we have a passion for good health and preservation of the earth. TM		316	12	234	David Talarico	19	M	1:45:05	1:44:29	8:00
		317	20	235	Evgeniy Vvedenskiy	29	M	1:45:06	1:44:42	8:00
		318	16	83	Nanette Meadowcroft	37	F	1:45:07	1:44:55	8:00
		319	41	236	Michael Sacco	41	M	1:45:08	1:44:56	8:00
		320	17	237	Prescott Bliss	21	M	1:45:08	1:44:45	8:00
		321	18	238	Alex Fox	20	M	1:45:08	1:44:45	8:00
		322	13	239	David Rees	57	M	1:45:11	1:44:52	8:01
		323	42	240	John Mulligan	40	M	1:45:12	1:44:52	8:01
		324	21	241	Bob Krome	29	M	1:45:13	1:44:57	8:01
		325	21	84	Emily Mueller	31	F	1:45:13	1:44:55	8:01
		326	41	242	Aaron Ratner	39	M	1:45:13	1:44:54	8:01

223	30	171	Rick Lapi	39	M	1:41:34	1:41:18	7:44	268	34	199	Ethan David Kent	44	M	1:43:30	1:43:11	7:53	330	27	245	David Mann
224	7	53	Maura Coopersmith	28	F	1:41:35	1:41:24	7:44	269	5	70	Susan Lee-Miller	48	F	1:43:33	1:43:17	7:53	331	22	246	Aiden Mette
225	31	172	Jeremy Garges	39	M	1:41:42	1:41:03	7:45	270	25	200	Todd Leiser	46	M	1:43:33	1:43:20	7:53	332	30	247	Brian Schwind
226	7	54	Allison Zimmerman	42	F	1:41:42	1:41:27	7:45	271	37	201	Jesse Kayal	35	M	1:43:37	1:43:22	7:53	333	23	248	Nathan Swartz
227	32	173	Brian Nichilo	38	M	1:41:42	1:41:24	7:45	272	14	71	Amy Kelly	39	F	1:43:39	1:43:32	7:54	334	10	86	Melissa Maguire
228	33	174	Lolock Nyangweso	39	M	1:41:43	1:41:21	7:45	273	9	72	Cheryl Straw	41	F	1:43:47	1:43:29	7:54	335	19	249	Jacob Kemmerer
229	3	55	Sharon Iacobelli	49	F	1:41:45	1:41:32	7:45	274	35	202	Mark O'Neill	40	M	1:43:48	1:43:37	7:54	336	28	250	Keith Kreider
230	11	56	Shannon Kocher	36	F	1:41:46	1:41:26	7:45	275	8	203	Jeffrey Schaffier	55	M	1:43:49	1:43:27	7:54	337	12	87	Bryn Kreider
231	5	175	Eugene Decker	57	M	1:41:54	1:41:50	7:46	276	38	204	Marc Shapiro	37	M	1:43:50	1:43:40	7:54	338	13	88	Kendall Savage
																				Diana Kehner	
																				52 F 1:45:15 1:45:13 8:01	



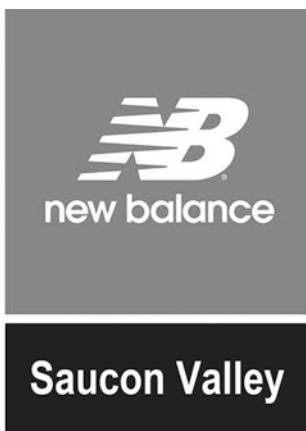
Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
339	20	251	Dylan Sheaffer	20	M	1:45:20	1:44:50	8:01	401	53	287	Brian Pollock	41	M	1:48:00	1:47:28	8:13	463	20	327	Lamar Foley	58	M	1:49:39	1:49:29	8:21
340	8	89	Tricia Good	46	F	1:45:23	1:45:23	8:02	402	1	288	Edward Leydon	71	M	1:48:01	1:47:43	8:14	464	29	328	Andrew Prosser	26	M	1:49:41	1:48:57	8:21
341	7	90	Haley Havighurst	18	F	1:45:25	1:44:43	8:02	403	19	115	Allison Shank	35	F	1:48:05	1:47:41	8:14	465	47	329	Philip Lee	33	M	1:49:41	1:49:03	8:21
342	14	91	Nicole Diltz	23	F	1:45:32	1:44:56	8:02	404	26	116	Andrea Griffith	33	F	1:48:10	1:47:41	8:14	466	48	330	Arthur Leszczynski	32	M	1:49:44	1:49:13	8:21
343	5	92	Susan Connolly	50	F	1:45:34	1:45:21	8:02	405	41	289	Mark Merdinger	34	M	1:48:11	1:47:40	8:14	467	43	331	James Kaiser	45	M	1:49:45	1:49:04	8:21
344	43	252	Keith Verdi	44	M	1:45:37	1:45:17	8:03	406	14	290	Matthew Miller	15	M	1:48:13	1:47:47	8:15	468	15	137	Jennifer Kaiser	44	F	1:49:45	1:49:03	8:22
345	21	253	Ryan Hunt	20	M	1:45:53	1:45:53	8:04	407	16	117	Kaede Nowakowski	28	F	1:48:14	1:47:53	8:15	469	38	332	Ed Micca	53	M	1:49:46	1:48:41	8:22
346	44	254	Keith Sibley	43	M	1:45:56	1:45:22	8:04	408	20	118	Jennifer Shober	37	F	1:48:16	1:48:00	8:15	470	15	138	Carol Jepson	47	F	1:49:47	1:49:30	8:22
347	45	255	Ruben Rivero	41	M	1:46:03	1:45:44	8:05	409	27	119	Jennifer Zerfass	32	F	1:48:16	1:47:44	8:15	471	22	139	Lauren Kramer	26	F	1:49:50	1:49:16	8:22
348	17	93	Jennifer Shingles	39	F	1:46:05	1:45:48	8:05	410	15	291	Brandon Bates	19	M	1:48:16	1:47:27	8:15	472	62	333	Saul Palomo	44	M	1:49:51	1:49:33	8:22
349	31	256	Marcelo Gareca	48	M	1:46:06	1:45:38	8:05	411	16	292	Steven Stramara	56	M	1:48:19	1:48:05	8:15	473	23	140	Samantha Snead	27	F	1:49:51	1:49:50	8:22
350	15	94	Courtney Graetzer	23	F	1:46:08	1:45:33	8:05	412	8	120	Shelley Heasley	53	F	1:48:19	1:47:54	8:15	474	19	141	Rebecca Flick	21	F	1:49:51	1:49:14	8:22
351	29	257	Walt Moshlitz	54	M	1:46:10	1:46:03	8:05	413	17	293	Ben Kohler	56	M	1:48:20	1:47:55	8:15	475	49	334	Justin Sandy	32	M	1:49:52	1:49:50	8:22
352	16	95	Taylor Corsi	20	F	1:46:14	1:45:19	8:05	414	54	294	Chris Keller	40	M	1:48:21	1:47:59	8:15	476	21	335	Barry Schlouch	58	M	1:49:52	1:49:45	8:22
353	10	96	Valerie Ott	26	F	1:46:15	1:45:30	8:05	415	10	121	Delaney Davis	18	F	1:48:26	1:47:48	8:15	477	22	336	David Fabian	56	M	1:49:53	1:49:29	8:22
354	11	97	Vanessa Troyer	27	F	1:46:15	1:46:05	8:05	416	33	295	Sean Dempsey	52	M	1:48:28	1:48:15	8:16	478	24	142	Laura Fabian	27	F	1:49:53	1:49:28	8:22
355	43	258	Zane Kratzer	37	M	1:46:18	1:45:39	8:06	417	17	122	Liz Waterman	20	F	1:48:28	1:47:59	8:16	479	16	143	Stephanie Dubyk	48	F	1:49:53	1:49:36	8:22
356	30	259	Kevin Fegely	53	M	1:46:19	1:46:08	8:06	418	34	296	Jay Stephens	54	M	1:48:29	1:47:37	8:16	480	44	337	David Dammer	46	M	1:49:54	1:49:19	8:22
357	11	98	Joanne Lentski	40	F	1:46:24	1:46:11	8:06	419	11	123	Janice Stout	46	F	1:48:30	1:47:58	8:16	481	22	144	Katie Horst	35	F	1:49:55	1:49:18	8:22
358	44	260	Matt Quinn	38	M	1:46:31	1:46:06	8:07	420	55	297	Anthony Vecolitis	43	M	1:48:31	1:48:05	8:16	482	63	338	Greg Rogers	43	M	1:49:55	1:49:41	8:22
359	46	261	Rob Boyce	43	M	1:46:32	1:46:17	8:07	421	39	298	Terry Dunne	49	M	1:48:32	1:48:16	8:16	483	50	339	Contantino Ramirez	34	M	1:49:55	1:49:18	8:22
360	32	262	Steven Litchkofski	49	M	1:46:32	1:46:17	8:07	422	40	299	Casimiro Linares	46	M	1:48:33	1:48:03	8:16	484	23	145	Dorothy Hartney	38	F	1:49:56	1:49:40	8:22
361	33	263	Michael Landis	45	M	1:46:33	1:46:11	8:07	423	41	300	Frank Healey	48	M	1:48:36	1:48:19	8:16	485	6	340	Mark Jefcoat	63	M	1:49:56	1:49:18	8:22
362	9	99	Tara Hutter	45	F	1:46:38	1:46:09	8:07	424	11	124	Olivia Cappolella	15	F	1:48:36	1:47:53	8:16	486	25	146	Nicole Duggan	29	F	1:49:57	1:49:40	8:22
363	14	264	Jeff Kile	56	M	1:46:38	1:46:20	8:07	425	21	125	Lorie Resnick	38	F	1:48:41	1:47:52	8:17	487	50	341	Chris Junkin	38	M	1:49:58	1:49:22	8:22
364	34	265	Jeffrey Petrillo	47	M	1:46:40	1:46:24	8:07	426	22	301	Kyle Houston	24	M	1:48:43	1:48:04	8:17	488	23	342	John Boylan	58	M	1:49:58	1:49:11	8:22
365	45	266	Mateen Atzal	36	M	1:46:46	1:46:27	8:08	427	35	302	Tom Power	52	M	1:48:43	1:48:24	8:17	489	51	343	Ryan Hluschak	31	M	1:50:00	1:49:32	8:23
366	37	267	Clayton Stauffer	32	M	1:46:47	1:46:25	8:08	428	12	126	Karen Thibodeau	47	F	1:48:44	1:48:17	8:17	490	51	344	Michael Beidler	38	M	1:50:00	1:49:18	8:23
367	23	100	Rene Sweigart	32	F	1:46:47	1:46:25	8:08	429	17	127	Meg McFadden	27	F	1:48:46	1:48:01	8:17	491	24	147	Laurel Leonard	38	F	1:50:02	1:49:22	8:23
368	24	268	Nicholas Peifer	26	M	1:46:50	1:46:21	8:08	430	25	303	Bill Arthur	28	M	1:48:46	1:48:00	8:17	492	28	148	Ashley Stumpf	31	F	1:50:03	1:49:28	8:23
369	46	269	Kevin McCartney	39	M	1:46:51	1:46:39	8:08	431	47	304	Josh Pedrick	39	M	1:48:47	1:48:04	8:17	493	20	149	Julia Schafer	24	F	1:50:06	1:49:21	8:23
370	12	101	Cristina Schmehl	42	F	1:46:57	1:46:39	8:09	432	56	305	David Fisher	43	M	1:48:48	1:48:08	8:17	494	16	150	Michele Soncini	44	F	1:50:07	1:49:26	8:23
371	15	270	James McCormick	55	M	1:46:58	1:46:35	8:09	433	57	306	Chad Boozer	40	M	1:48:53	1:48:23	8:18	495	17	151	Tracey Kling	45	F	1:50:10	1:49:48	8:23
372	35	271	Jeffrey Seyfried	47	M	1:46:58	1:46:22	8:09	434	36	307	Steve Kanovsky	53	M	1:48:56	1:48:37	8:18	496	45	345	Tom Kenyon	45	M	1:50:11	1:49:55	8:23
373	12	102	Brittany Bannister	26	F	1:47:00	1:46:16	8:09	435	23	308	Joseph Foreman	24	M	1:48:56	1:48:20	8:18	497	24	346	Tim Duckworth	56	M	1:50:11	1:49:25	8:23
374	13	103	Kate Minyard	40	F	1:47:01	1:46:46	8:09	436	18	128	Caroline Kalfas	25	F	1:48:59	1:48:31	8:18	498	52	347	James Hunsinger	35	M	1:50:13	1:49:17	8:24
375	36	272	Thomas Yurchak	47	M	1:47:01	1:46:42	8:09	437	42	309	Mark Miltenberger	33	M	1:49:06	1:48:45	8:18	499	26	152	Tamera Schnecker	27	F	1:50:15	1:49:41	8:24
376	24	104	Jill Knecht	30	F	1:47:02	1:46:06	8:09	438	14	129	Kathy Cunningham	41	F	1:49:06	1:48:38	8:18	500	21	153	Rachel Dreibelbis	23	F	1:50:17	1:48:11	8:24
377	10	105	Beth Pretti	47	F	1:47:04	1:46:41	8:09	439	18	130	Adri Galvan	21	F	1:49:06	1:48:39	8:19	501	27	154	Sheila McFadden	27	F	1:50:19	1:49:35	8:24
378	47	273	Diego Benalcazar	43	M	1:47:11	1:46:47	8:10	440	43	310	Tyler Papaz	32	M	1:49:08	1:49:08	8:19	502	24	348	Anthony Gazzo	22	M	1:50:22	1:50:22	8:24
379	13	106	Jaclyn Baker	29	F	1:47:12	1:47:03	8:10	441	19	131	Amanda Fink	26	F	1:49:12	1:48:29	8:19	503	53	349	Ryan Mackay	35	M	1:50:26	1:48:40	8:25
380	14	107	Kathryn Engwall	26	F	1:47:12	1:46:51	8:10	442	48	311	Richard Singer	35	M	1:49:13	1:48:28	8:19	504	9	155	Florence Rhue	54	F	1:50:27	1:50:25	8:25
381	37	274	Dave Lothian	49	M	1:47:16	1:46:57	8:10	443	18	312	David Weinstein	57	M	1:49:13	1:48:40	8:19	5								



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Gun Time			Chip Time			Gun Time			Chip Time			Gun Time			Chip Time								
				Age	GEN	Time	Place	PLC DIV	PLC GEN	Name	Age	GEN	Time	Place	PLC DIV	PLC GEN	Name	Age	GEN	Time	Place	PLC DIV	PLC GEN				
525	57	363	Jeremy Lang	38	M	1:50:56	1:50:50	8:27	558	52	385	James Brackley III	46	M	1:51:55	1:51:29	8:31	591	56	406	Justin Oberholtzer	33	M	1:53:04	1:51:58	8:37	
526	58	364	Daniel Held	38	M	1:50:56	1:50:45	8:27	559	2	386	John Miller	70	M	1:51:56	1:51:17	8:31	592	33	407	Jose Diaz	27	M	1:53:04	1:51:58	8:37	
527	27	163	Katie Gilhool	38	F	1:51:04	1:50:28	8:27	560	9	387	Rob Allen	62	M	1:52:02	1:51:46	8:32	593	32	186	April Kruk	35	F	1:53:04	1:52:30	8:37	
528	48	365	Louis Brooks Jr	45	M	1:51:07	1:50:32	8:28	561	25	388	Gordon Kennedy	56	M	1:52:03	1:51:43	8:32	594	33	187	Rebecca Camejo	39	F	1:53:04	1:52:31	8:37	
529	12	164	Sierra Brooks	19	F	1:51:07	1:50:32	8:28	562	46	389	David Spring	52	M	1:52:04	1:51:21	8:32	595	63	408	Dave Greenockle	35	M	1:53:04	1:51:59	8:37	
530	19	165	Heidi Spangler	45	F	1:51:09	1:50:37	8:28	563	61	390	Adam Gangewere	37	M	1:52:09	1:51:56	8:32	596	56	409	Chris Miller	45	M	1:53:06	1:52:14	8:37	
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534	66	368	Roger Deblois	42	M	1:51:17	1:50:59	8:28	567	29	175	Nichua Laci	37	F	1:52:17	1:52:09	8:33	600	35	188	Katie Shingara	26	F	1:53:16	1:52:15	8:38	
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539	68	372	Matthew Kasznicki	41	M	1:51:20	1:51:18	8:29	572	26	395	Dave Holmes	59	M	1:52:27	1:52:11	8:34	605	21	192	Melissa Davis	41	F	1:53:22	1:52:59	8:38	
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541	30	168	Jessica Maley	29	F	1:51:25	1:51:25	8:29	574	20	179	Rebecca Lunger	43	F	1:52:27	1:52:10	8:34	607	37	193	Sarah Burkholder	28	F	1:53:23	1:52:58	8:38	
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543	43	375	Dale Schneck	53	M	1:51:27	1:51:20	8:29	576	11	180	Debra Long	50	F	1:52:32	1:52:07	8:34	609	65	416	Trevor Colahan	36	M	1:53:25	1:53:02	8:38	
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553	29	172	Jessica Zolnowski	32	F	1:51:50	1:51:33	8:31	586	29	402	Gary Spatz	56	M	1:52:58	1:52:25	8:36	619	49	423	Robert Handy	52	M	1:53:41	1:53:19	8:39	
554	60	382	Anthony Dare	37	M	1:51:51	1:51:22	8:31	587	30	403	Joseph Greco	56	M	1:52:59	1:52:18	8:36	620	32	424	Larry Miksiewicz	56	M	1:53:45	1:53:03	8:40	
555	45	383	Michael Lawrence	50	M	1:51:52	1:51:41	8:31	588	32	404	Matthew Kuester	29	M	1:53:01	1:52:10	8:36	621	57	425	Brian Budraitis	32	M	1:53:46	1:52:44	8:40	
556	32	173	Alyssa Pagliaro	26	F	1:51:52	1:50:58	8:31	589	55	405	Adam Krupka	31	M	1:53:02	1:52:21	8:37	622	13	197	Cherie Goral	50	F	1:53:47	1:53:20	8:40	
557	70	384	Richard McMurrich	44	M	1:51:53	1:50:52	8:31	590	30	185	Katie Kennedy	31	F	1:53:03	1:52:32	8:37	623	22	198	Jennifer Tinsman	43	F	1:53:48	1:53:20	8:40	
																			624	32	199	Dana Hannis	34	F	1:53:49	1:53:32	8:40
																			625	26	200	Brittany McDonough	20	F	1:53:50	1:52:55	8:40

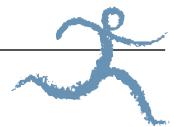


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Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
653	29	438	Nicholas Rafetto	22	M	1:54:26	1:53:49	8:43	715	63	460	Bruce Burke	30	M	1:56:08	1:55:56	8:51	777	38	288	Nancy Neyhart	41	F	1:57:50	1:57:32	8:58
654	29	216	Alexa Gatti	22	F	1:54:27	1:53:25	8:43	716	5	256	Janet Snyder	55	F	1:56:09	1:55:22	8:51	778	29	289	Karen Leiser	46	F	1:57:50	1:57:37	8:58
655	77	439	Aaron Bealer	42	M	1:54:28	1:53:48	8:43	717	69	461	Aaron Moreck	35	M	1:56:11	1:55:37	8:51	779	42	290	Jacqueline Arie Southern	34	F	1:57:50	1:56:39	8:58
656	30	217	Danielle Brogan	23	F	1:54:29	1:53:53	8:43	718	47	257	Erin Moreck	35	F	1:56:11	1:55:37	8:51	780	43	291	Samantha McGinty	31	F	1:57:54	1:57:12	8:59
657	35	218	Lindsey Solovey	32	F	1:54:29	1:54:00	8:43	719	31	462	Kyle Root	22	M	1:56:12	1:55:11	8:51	781	40	292	Kerong Kelly	21	F	1:57:55	1:57:14	8:59
658	23	219	Lynn Schlegel	46	F	1:54:30	1:54:05	8:43	720	13	258	Taylor Smith	19	F	1:56:14	1:55:08	8:51	782	82	490	Daniel Lader	41	M	1:57:55	1:56:41	8:59
659	35	440	Joseph Cary	56	M	1:54:31	1:53:49	8:43	721	48	259	Heather Wolfgang	36	F	1:56:21	1:55:55	8:52	783	20	293	Bethany Summers	52	F	1:57:56	1:57:56	8:59
660	31	220	Sierra Bodisch	24	F	1:54:31	1:53:53	8:43	722	49	260	Liza Prokop	38	F	1:56:21	1:55:42	8:52	784	38	491	Shane Nauss	26	M	1:57:57	1:57:28	8:59
661	32	221	Marisa Waits	22	F	1:54:32	1:53:53	8:43	723	30	261	Tracy Eisenreich	41	F	1:56:23	1:55:13	8:52	785	53	294	Katie Bartoszek	26	F	1:57:57	1:57:28	8:59
662	43	222	Crystal Jones	29	F	1:54:33	1:53:51	8:43	724	26	262	Kim Daubert	47	F	1:56:24	1:55:33	8:52	786	44	295	Elizabeth Weir	34	F	1:57:59	1:57:09	8:59
663	4	223	Patti Byrne	56	F	1:54:33	1:53:53	8:43	725	50	263	Kristin Blasko	38	F	1:56:29	1:55:24	8:52	787	83	492	Christopher Anderson	43	M	1:58:00	1:57:27	8:59
664	61	441	Corey Beil	48	M	1:54:36	1:54:19	8:44	726	64	463	Christopher Kuebler	32	M	1:56:29	1:55:36	8:52	788	51	296	Marybeth Attieh	36	F	1:58:00	1:57:20	8:59
665	23	224	Janet Hunsinger	41	F	1:54:38	1:53:42	8:44	727	27	264	Dawn Wolford	46	F	1:56:30	1:56:05	8:52	789	43	493	J. Alberto Bastidas	58	M	1:58:01	1:57:02	8:59
666	62	442	Arnon Gavish	46	M	1:54:39	1:53:57	8:44	728	37	464	Scott Fenstermaker	57	M	1:56:34	1:55:29	8:53	790	21	297	Dee Heydt	51	F	1:58:02	1:57:15	8:59
667	44	225	Lauren Salge	25	F	1:54:41	1:54:16	8:44	729	38	265	Lauren Fetterman	34	F	1:56:34	1:56:34	8:53	791	13	494	John McGuigan	60	M	1:58:04	1:57:19	8:59
668	60	443	Nicholas Shemonsky	32	M	1:54:42	1:53:16	8:44	730	31	266	Jenny Mash	42	F	1:56:35	1:56:19	8:53	792	41	298	Jennifer Godbout	23	F	1:58:05	1:57:01	9:00
669	36	444	Lenny Grossman	55	M	1:54:43	1:54:08	8:44	731	10	465	Russell Bensinger	63	M	1:56:39	1:55:50	8:53	793	52	299	Melissa Balthaser	39	F	1:58:05	1:57:33	9:00
670	24	226	Angela Mestishen-Reginier	40	F	1:54:44	1:54:02	8:44	732	32	267	Amy Wikert	40	F	1:56:39	1:56:15	8:53	794	67	495	Eric Wiegand	33	M	1:58:06	1:57:29	9:00
671	50	445	John Kutza	51	M	1:54:45	1:54:02	8:44	733	14	268	Sophie Bystewicz	19	F	1:56:42	1:56:01	8:53	795	45	300	Christine Kupillas	33	F	1:58:07	1:57:45	9:00
672	24	227	Kathy Ballance	48	F	1:54:46	1:54:03	8:44	734	69	466	Paul Lavana	47	M	1:56:48	1:56:03	8:54	796	46	301	Colleen Sprissler	34	F	1:58:07	1:57:36	9:00
673	37	228	Marie Obrien	39	F	1:54:49	1:54:19	8:45	735	38	467	James Fagan	59	M	1:56:51	1:56:11	8:54	797	68	496	Ryan Morcrette	30	M	1:58:07	1:57:35	9:00
674	45	229	Amanda Demo	29	F	1:54:50	1:54:09	8:45	736	80	468	Mark Cerimele	42	M	1:56:52	1:56:24	8:54	798	84	497	Gary Davis	41	M	1:58:09	1:56:38	9:00
675	36	230	Michelle McHale	31	F	1:54:50	1:54:29	8:45	737	81	469	Rodrigo Sagastegui	42	M	1:56:52	1:56:06	8:54	799	30	302	Susan Bosnick-Sinift	45	F	1:58:10	1:57:47	9:00
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677	39	232	Christina Lauck	36	F	1:54:52	1:54:52	8:45	739	39	269	Clementine Vezier	32	F	1:56:55	1:56:13	8:54	801	44	499	Ed Coringrato	58	M	1:58:12	1:57:16	9:00
678	40	233	Lea Anne Matz	37	F	1:54:53	1:54:30	8:45	740	11	471	Vincent Grattolino	60	M	1:56:55	1:55:07	8:54	802	69	500	Gary Collina Jr.	34	M	1:58:13	1:57:46	9:00
679	41	234	Magdalena Mogza	39	F	1:54:54	1:54:06	8:45	741	33	270	Andrea Thrush	42	F	1:56:57	1:56:35	8:54	803	47	303	Erica Liss	31	F	1:58:13	1:57:22	9:00
680	25	235	Janine Graziano-Full	41	F	1:54:58	1:54:19	8:45	742	18	271	Dawn Reino	51	F	1:56:58	1:56:12	8:54	804	48	304	Katelyn Drosnock	31	F	1:58:14	1:57:48	9:00
681	63	446	William Zuk	46	M	1:54:58	1:54:14	8:45	743	36	272	Jennie Moyer	23	F	1:57:04	1:56:43	8:55	805	39	305	Jennifer Christian	44	F	1:58:14	1:56:45	9:00
682	51	447	Thomas Stanek	50	M	1:55:06	1:54:20	8:46	744	39	472	Michael Moyer	57	M	1:57:04	1:56:43	8:55	806	45	501	Jeff Metzger	58	M	1:58:16	1:57:35	9:00
683	42	236	Robbin Shomper	35	F	1:55:08	1:54:30	8:46	745	34	273	Kathy Allen	43	F	1:57:07	1:56:25	8:55	807	70	502	Aaron Gorodzinsky	31	M	1:58:16	1:57:33	9:00
684	46	237	Madeline Bieber	25	F	1:55:08	1:54:22	8:46	746	12	473	Edward Klenk	62	M	1:57:10	1:56:27	8:55	808	71	503	Juan Lopez	37	M	1:58:17	1:57:17	9:00
685	47	238	Kelly McDonough	28	F	1:55:08	1:54:21	8:46	747	65	474	Michael Womelsdorf	30	M	1:57:12	1:56:15	8:55	809	53	306	Elisa Kennedy	35	F	1:58:17	1:57:11	9:00
686	33	239	Gabriela De Frutos	21	F	1:55:16	1:54:39	8:47	748	70	475	Conrad Guardiola	47	M	1:57:13	1:56:59	8:56	810	810	307	Megan Christman	29	F	1:58:18	1:57:25	9:01
687	67	448	Michael Calvert	38	M	1:55:16	1:53:57	8:47	749	40	274	Caitlin Moll	32	F	1:57:14	1:56:05	8:56	811	85	504	Eric Kuntz	42	M	1:58:20	1:57:19	9:01
688	48	240	Sarah Keppel	27	F	1:55:25	1:54:14	8:47	750	40	476	Bill Koehler	55	M	1:57:16	1:56:38	8:56	812	46	505	Bill Fleming	58	M	1:58:20	1:57:18	9:01
689	43	241	Dana Stow	39	F	1:55:26	1:54:14	8:47	751	37	275	Justina Hoover	22	F	1:57:19	1:56:35	8:56	813	40	308	Jennifer Zellner	41	F	1:58:20	1:57:29	9:01
690	30	449	Alan Lytz	24	M	1:55:26	1:54:49	8:47	752	41	276	Amanda Careya	32	F	1:57:21	1:56:50	8:56	814	42	309	Elise Polentes	22	F	1:58:23	1:57:41	9:01
691	61	450	Stephen Voorhees	34	M	1:55:26	1:54:38	8:47	753	38	277	Carla Ramirez	23	F	1:57:22	1:56:55	8:56	815	43	310	Hannah Schiff	23	F	1:58:23	1:57:41	9:01
692	49	242	Mary Kain	27	F	1:55:31	1:54:26	8:48	754	52	477	Eric Hess	53	M	1:57:22	1:56:50	8:56	816	41	311	Colleen Madrak	41	F	1:58:24	1:57:08	9:01
693	78	451	Tim Newman	41	M	1:55:34	1:55:08	8:48	755	39	278	Dayna States	23	F	1:57:22	1:56:29	8:56	817	3	506	Tom Leister	70	M	1:58:25	1:57:40	9:01
694	64	452	Jim Quaglio	49	M	1:55:35	1:55:10	8:48	756	66	478	Bryan Caffrey	34	M	1:57:24	1:56:29	8:56	818	54	312	Kelly Spreha	38	F	1:58:26	1:57:44	9:01
695	44	243	Laura Brady	37	F	1:55:37	1:54:51	8:48	757	41	479	Jay O'Rourke	56	M												



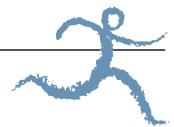
Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
839	2	515	Robert Spangler	65	M	1:58:47	1:58:15	9:03	901	88	545	Thomas Verbeek	43	M	2:00:11	1:59:23	9:09	948	49	386	Natalie Bader	22	F	2:01:55	2:01:02	9:17
840	47	516	Bob Kovar	59	M	1:58:48	1:57:45	9:03	902	48	357	Joy Bennett	40	F	2:00:12	1:59:06	9:09	949	53	563	Gary Diltz	56	M	2:01:56	2:00:46	9:17
841	55	325	Rachel McGuckin	37	F	1:58:51	1:58:03	9:03	903	61	358	Caitlin Long	25	F	2:00:14	1:59:05	9:09	950	91	564	Brian Gnas	44	M	2:01:56	2:01:36	9:17
842	41	517	Timothy Crespo Jr	29	M	1:58:53	1:58:34	9:03	904	49	359	Virginia Cover	43	F	2:00:17	1:58:59	9:10	951	66	387	Jennifer Legath	31	F	2:01:58	2:01:23	9:17
843	9	326	Carly (hsiu Wen Dreyer	59	F	1:58:55	1:57:57	9:03	905	47	360	Kaitlyn Gulotta	22	F	2:00:20	1:59:36	9:10	952	27	388	Sally Fowler	52	F	2:02:01	2:00:57	9:17
844	52	327	Elana Goldstein	30	F	1:58:56	1:57:54	9:03	906	77	546	Keith Plunkett	34	M	2:00:21	2:00:08	9:10	953	79	565	Randolph Jackson	31	M	2:02:05	2:01:27	9:18
845	53	328	Amanda Deni	31	F	1:58:56	1:57:54	9:03	907	64	547	Rudy Preletz	50	M	2:00:23	1:59:37	9:10	954	92	566	Richard Gentleman	44	M	2:02:06	2:00:46	9:18
846	54	329	Jacqueline Strauss	31	F	1:58:56	1:57:54	9:03	908	3	548	Jim Heiney	68	M	2:00:25	1:59:37	9:10	955	41	389	Debra Crush	49	F	2:02:11	2:01:08	9:18
847	56	518	Matthew Stephens	50	M	1:58:57	1:58:31	9:03	909	22	361	Terry Bruns	50	F	2:00:25	1:59:37	9:10	956	4	567	Ed Hawkey	68	M	2:02:16	2:01:25	9:19
848	57	519	Andrew Krupa	50	M	1:58:57	1:58:32	9:03	910	23	362	Stephanie Ruzicka	50	F	2:00:26	1:59:44	9:10	957	68	568	Charles Repsher	51	M	2:02:21	2:00:57	9:19
849	44	330	Marketa Scott	43	F	1:59:01	1:57:32	9:04	911	15	363	Courtney Kapral	19	F	2:00:31	2:00:13	9:11	958	67	390	Amy Wenger	32	F	2:02:22	2:01:16	9:19
850	1	331	Thomaisne Farrell	61	F	1:59:01	1:58:02	9:04	912	65	549	Tom McClelland	50	M	2:00:34	1:59:11	9:11	959	42	391	Maryann Lebus	48	F	2:02:23	2:01:07	9:19
851	44	332	Rebecca Langbein	21	F	1:59:04	1:58:16	9:04	913	36	364	Kim Cann	47	F	2:00:35	1:59:46	9:11	960	43	392	Nancy Petiet	49	F	2:02:24	2:01:24	9:19
852	71	520	Emilio Socci	31	M	1:59:04	1:57:47	9:04	914	52	550	Ray Szczuki	55	M	2:00:39	2:00:22	9:11	961	80	569	Nick Campagna	30	M	2:02:24	2:01:39	9:19
853	75	521	Chris Stout	37	M	1:59:06	1:58:11	9:04	915	44	551	Christopher Lewis	29	M	2:00:46	1:59:52	9:12	962	68	393	Vicki Salma	30	F	2:02:24	2:01:38	9:19
854	72	522	Travis Redline	34	M	1:59:08	1:58:03	9:04	916	59	365	Kristine Pongras	37	F	2:00:46	1:58:41	9:12	963	78	570	Brian Forsyth	48	M	2:02:27	2:01:10	9:19
855	48	523	Robert Nause	57	M	1:59:09	1:57:31	9:04	917	62	366	Allison Palubinsky	29	F	2:00:48	1:59:56	9:12	964	44	394	Lisa Berdini	46	F	2:02:29	2:01:32	9:20
856	55	333	Sarah Wascura	33	F	1:59:10	1:58:07	9:04	918	24	367	Susan Mulholland	51	F	2:01:01	2:00:41	9:13	965	45	571	Douglas Weaver	28	M	2:02:29	2:01:31	9:20
857	56	334	Steph Burke	34	F	1:59:10	1:58:07	9:04	919	37	368	Shelly McBryan	47	F	2:01:04	2:00:39	9:13	966	63	395	Laura Harkin	38	F	2:02:30	2:01:42	9:20
858	57	335	Vasanti Dhorajia	34	F	1:59:13	1:59:13	9:05	920	38	369	Maria Disiro	46	F	2:01:07	1:59:57	9:13	967	65	396	Angie Patterson	29	F	2:02:30	2:01:41	9:20
859	58	336	Michelle Nitchman	26	F	1:59:13	1:58:08	9:05	921	2	370	Bruce Hallett	66	F	2:01:14	2:00:35	9:14	968	54	572	Stephen Hepburn	59	M	2:02:34	2:01:19	9:20
860	49	524	Steve Salvo	56	M	1:59:14	1:58:20	9:05	922	25	371	Sorita E. Averill	54	F	2:01:14	2:00:33	9:14	969	64	397	Kelly Koch	37	F	2:02:35	2:01:12	9:20
861	56	337	Amy Kimball	35	F	1:59:15	1:58:05	9:05	923	60	372	Jennifer Smith	37	F	2:01:15	2:00:10	9:14	970	13	398	Jackie Snyder	55	F	2:02:36	2:02:20	9:20
862	73	525	Justin Silvestre	31	M	1:59:16	1:58:30	9:05	924	63	373	Laura Lepage	29	F	2:01:25	2:00:41	9:15	971	50	399	Katherine Thomas	24	F	2:02:37	2:02:07	9:20
863	10	338	Sofia Howard	56	F	1:59:16	1:58:10	9:05	925	33	552	Andrew Kincaid	22	M	2:01:25	2:00:26	9:15	972	19	573	Tim Boland	62	M	2:02:39	2:00:45	9:20
864	45	339	Emily Junge	24	F	1:59:17	1:58:13	9:05	926	34	553	Bryan Avil	22	M	2:01:26	2:00:27	9:15	973	45	400	Jennifer Romano	45	F	2:02:45	2:02:16	9:21
865	58	526	Curtis Junge	51	M	1:59:18	1:58:13	9:05	927	66	554	Russ Cordes	53	M	2:01:27	2:01:05	9:15	974	51	401	Bridget Walsh	21	F	2:02:55	2:01:19	9:22
866	86	527	Mike Gallacher	43	M	1:59:18	1:57:30	9:05	928	64	374	Jessica Sargent	27	F	2:01:27	2:00:37	9:15	975	51	402	Sheri Floyd	42	F	2:02:56	2:02:07	9:22
867	46	340	Bethany Valentine	20	F	1:59:19	1:58:23	9:05	929	39	375	Denise Blaski	46	F	2:01:30	2:01:04	9:15	976	28	403	Leslie Addison	54	F	2:02:57	2:02:16	9:22
868	58	341	Cherith Shaffer	31	F	1:59:21	1:58:32	9:05	930	26	376	Carol Zrybko	52	F	2:01:32	2:00:46	9:15	977	55	574	Sam Niedbala	56	M	2:02:58	2:02:03	9:22
869	59	342	Lacey McRoberts	32	F	1:59:22	1:58:32	9:05	931	11	377	Vivian Ramirez	58	F	2:01:35	2:01:07	9:15	978	19	575	Ethan Warren	14	M	2:02:59	2:00:49	9:22
870	74	528	Matt Weaver	32	M	1:59:25	1:58:32	9:06	932	67	555	Eric Rutt	50	M	2:01:37	2:01:14	9:16	979	65	404	Gwyn Jones	38	F	2:03:00	2:02:08	9:22
871	42	529	Michael Accardi	27	M	1:59:26	1:58:32	9:06	933	76	556	Felix Figueiroa	38	M	2:01:39	2:00:47	9:16	980	93	576	Shane Schmeckenbecher	42	M	2:03:01	2:01:54	9:22
872	59	530	Mark Surovy	50	M	1:59:28	1:58:20	9:06	934	18	557	Paul Pierpoint	62	M	2:01:41	2:00:30	9:16	981	16	405	Ava Crawford	13	F	2:03:03	2:02:10	9:22
873	75	531	Matthew Deming	31	M	1:59:31	1:57:59	9:06	935	77	558	Dylan Gassler	35	M	2:01:41	1:59:49	9:16	982	79	577	Karl Kesselring	49	M	2:03:03	2:02:25	9:22
874	76	532	Michael Bellfy	33	M	1:59:32	1:57:56	9:06	936	12	378	Pam Keller	57	F	2:01:44	2:01:18	9:16	983	66	406	Alicia Bialek	39	F	2:03:03	2:01:55	9:22
875	60	533	Allen Mills	50	M	1:59:33	1:58:24	9:06	937	78	559	Jason Kundek	39	M	2:01:48	2:01:03	9:16	984	79	578	Peter Lee	35	M	2:03:07	2:02:19	9:22
876	59	543	Shannon Zimmerman	25	F	1:59:34	1:58:29	9:06	938	64	379	Kelly Rocchi	34	F	2:01:51	2:01:00	9:17	985	35	579	Corey McCann	24	M	2:03:07	2:02:14	9:22
877	61	534	Michael Williams	51	M	1:59:35	1:58:52	9:06	939	61	380	Paula Miller	39	F	2:01:51	2:00:51	9:17	986	52	407	Suzanne Moore	41	F	2:03:07	2:01:58	9:22
878	60	344	Stayce Rowlands	34	F	1:59:35	1:58:52	9:06	940	40	381	Libby Artis	48	F	2:01:51	2:00:38	9:17	987	94	580	Anthony Halm	41	M	2:03:07	2:01:59	9:23
879	16	535	Daniel Stonehouse	60	M	1:59:37	1:58:37	9:06	941	89	560	David Lebourgeois	43	M	2:01:52	2:00:47	9:17	988	69	408	Rebecca Harney	32	F	2:03:08	2:02:04	9:23
880	61	345	Amber Kinney	33	F	1:59:37	1:58:37	9:07	942	90	561	Brian Gall	44	M	2:01:53	2:00:48	9:17	989	95	581	Mikhael Sarkis	42	M	2:03:16	2:02:37	9:23
881	57	346	Meredith Woodward	38	F	1:59:38	1:58:51	9:07	943	65	382	Heather Reymunde	32	F	2:01:54	2:00:08	9:17	990	29	409	Donna Biglin	51	F	2:03:19	2:02:38	9:23
882	62	536	Karl Ritter	50	M	1:59:38	1:58:15	9:07	944	62	383	Carla Brennan	38	F	2:01:55	2:01:03	9:17	991	46	410	Heather Stay	47	F	2:03:22	2:02:36	9:24
883	50	537	Bill Kaiser	56	M	1:59:39	1:58:37	9:07	945	50	384	Amy Fela	40	F	2:01:55	2:00:28	9:17	992	14	411	Barbara Dickinson	59	F	2:03:23	2:02:39	9:24
884	62	347	Molly Trexler	34	F	1:59:42	1:58:36	9:07	946	78	562	Alvaro Reymunde	31	M	2:01:55	2:00:08	9:17	993	80							



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
995	81	583	Michael Imburgia	37	M	2:03:33	2:02:37	9.24	1057	61	451	Jennifer Pimental	41	F	2:05:14	2:04:27	9.32	1119	2	488	Joan Koch	62	F	2:06:49	2:05:38	9.39
996	68	413	Krystol Kessack	36	F	2:03:33	2:02:25	9.24	1058	49	607	Matthew Gery	26	M	2:05:14	2:04:16	9.32	1120	83	489	Danielle Kamine	37	F	2:06:50	2:05:32	9.39
997	80	584	Nacho Abia	47	M	2:03:34	2:03:12	9.25	1059	69	452	Kelsey Brey	26	F	2:05:14	2:04:17	9.32	1121	77	490	Ashley Foley	31	F	2:06:51	2:05:53	9.40
998	69	414	Tami Correll	35	F	2:03:39	2:02:51	9.25	1060	56	453	Cheryl Pagliaro	46	F	2:05:15	2:04:46	9.32	1122	55	491	Kimberly Chiu	22	F	2:06:52	2:05:59	9.40
999	30	415	Mary Malley	54	F	2:03:39	2:03:09	9.25	1061	85	608	Ramseshu Peddeti	33	M	2:05:16	2:03:54	9.32	1123	84	492	Emily Kleintop	37	F	2:06:53	2:05:41	9.40
1000	70	416	Stephanie Jones	39	F	2:03:40	2:02:34	9.25	1062	76	454	Laura Kline	37	F	2:05:19	2:04:54	9.33	1124	86	632	Matthew Looper	33	M	2:06:55	2:06:01	9.40
1001	53	417	Linda Warren	44	F	2:03:40	2:01:32	9.25	1063	77	455	Aimee Smith	37	F	2:05:19	2:03:25	9.33	1125	78	493	Jamie Sylvainus	30	F	2:06:56	2:06:02	9.40
1002	54	418	Karen Burke	42	F	2:03:42	2:02:52	9.25	1064	23	609	Thomas Yadlosky	60	M	2:05:21	2:04:39	9.33	1126	104	633	Bryan Herrold	42	M	2:06:56	2:06:15	9.40
1003	82	585	Benjamin Moyer	39	M	2:03:44	2:02:36	9.25	1065	62	456	Nina Pinsley	43	F	2:05:21	2:03:03	9.33	1127	79	494	Meredith Smolen	32	F	2:06:58	2:05:31	9.40
1004	47	419	Pam Sheffer	47	F	2:03:44	2:02:37	9.25	1066	78	457	Rebekkah Fox	36	F	2:05:26	2:03:59	9.33	1128	85	495	Janine Beidler	39	F	2:07:00	2:05:43	9.40
1005	20	586	Joe Zairo III	62	M	2:03:45	2:02:35	9.25	1067	79	458	Rachel Patterson-Fegley	37	F	2:05:27	2:04:13	9.33	1129	85	634	Chris Oswald	48	M	2:07:00	2:05:35	9.40
1006	48	420	Nancy Grycewicz	49	F	2:03:47	2:02:34	9.26	1068	17	459	Katie Crawford	13	F	2:05:28	2:04:36	9.33	1130	86	496	Tricia Frantz	36	F	2:07:04	2:06:17	9.41
1007	55	421	Robin Liebman	41	F	2:03:47	2:02:23	9.26	1069	50	610	Wesley Seche	28	M	2:05:30	2:03:58	9.33	1131	87	635	Michael Sacks	34	M	2:07:06	2:05:58	9.41
1008	49	422	Mary Beth Fritz	45	F	2:03:47	2:03:11	9.26	1070	20	611	Joey Collura	14	M	2:05:33	2:04:55	9.34	1132	86	636	John Brennan	45	M	2:07:06	2:06:15	9.41
1009	46	587	Antonin Ramirez	27	M	2:03:47	2:03:10	9.26	1071	63	460	Jill Wasserman	43	F	2:05:35	2:04:17	9.34	1133	26	637	Charles Bonisese	61	M	2:07:08	2:06:12	9.41
1010	71	423	Nicole Huie	37	F	2:03:50	2:02:49	9.26	1072	74	461	Nicole Sansone	30	F	2:05:35	2:04:29	9.34	1134	87	638	Chris Ford	35	M	2:07:08	2:06:22	9.41
1011	47	588	Jordan Kmetz	25	M	2:03:52	2:03:25	9.26	1073	32	462	Liz Gertz	53	F	2:05:35	2:04:39	9.34	1135	63	497	Jennifer Forsyth	47	F	2:07:08	2:05:52	9.41
1012	72	424	Jill Walter	35	F	2:03:55	2:02:44	9.26	1074	83	612	Tim Nunnemacher	49	M	2:05:38	2:03:37	9.34	1136	80	498	Courtney Ford	34	F	2:07:09	2:06:21	9.41
1013	81	589	Kevin Frank	31	M	2:03:58	2:02:45	9.26	1075	64	463	Leandra Stoudt	43	F	2:05:38	2:05:09	9.34	1137	56	499	Allison Cressman	21	F	2:07:10	2:06:02	9.41
1014	82	590	Anthony Smedley	34	M	2:03:59	2:02:07	9.26	1076	57	464	Sue Horton	48	F	2:05:38	2:05:10	9.34	1138	51	639	Rob Durnin	27	M	2:07:10	2:06:01	9.41
1015	21	591	Paul Mallon	64	M	2:03:59	2:03:59	9.26	1077	24	613	Jim McCullough	62	M	2:05:40	2:04:57	9.34	1139	87	640	James Snow	46	M	2:07:11	2:04:56	9.41
1016	56	592	Philip Monteleone	57	M	2:04:02	2:04:02	9.27	1078	36	614	Robert Beach	23	M	2:05:40	2:04:30	9.34	1140	34	500	Jean Artim	50	F	2:07:11	2:07:11	9.41
1017	81	593	Andy Rostkowski	46	M	2:04:04	2:03:52	9.27	1079	54	465	Madison Fialkowski	23	F	2:05:41	2:04:34	9.34	1141	60	641	Frank S Graziano Jr	56	M	2:07:12	2:06:01	9.41
1018	56	425	Robin Wanamaker	43	F	2:04:07	2:02:49	9.27	1080	98	615	Jason Jacobetz	41	M	2:05:41	2:05:09	9.34	1142	105	642	Dave Moreno	44	M	2:07:13	2:05:51	9.41
1019	57	594	Stefan Bringenberg	55	M	2:04:08	2:02:52	9.27	1081	65	466	Dianne Jacobetz	44	F	2:05:41	2:05:09	9.34	1143	64	501	Jennifer Almonti	46	F	2:07:16	2:06:46	9.41
1020	96	595	Jason Mich	44	M	2:04:09	2:03:18	9.27	1082	58	467	Sandy Flick	45	F	2:05:42	2:04:51	9.34	1144	70	502	Laura Laudenslager	42	F	2:07:17	2:06:15	9.42
1021	48	596	Joshua Kern	28	M	2:04:11	2:03:15	9.27	1083	59	468	Susan Heckman	49	F	2:05:44	2:04:28	9.34	1145	65	503	Jacqueline Schwartz	46	F	2:07:25	2:06:10	9.42
1022	70	426	Diana Mantore	32	F	2:04:11	2:03:15	9.27	1084	80	469	Karen Diane Groller	38	F	2:05:44	2:04:21	9.34	1146	18	504	Nilaya Knafo	18	F	2:07:29	2:05:56	9.42
1023	50	427	Paige Longstreth	48	F	2:04:13	2:03:29	9.27	1085	33	470	Maria Campilonga	54	F	2:05:45	2:04:31	9.35	1147	88	643	Timothy Miller	34	M	2:07:34	2:06:53	9.43
1024	15	428	B.A. Scott	56	F	2:04:13	2:03:55	9.28	1086	70	471	Alyssa Milano	27	F	2:05:46	2:04:32	9.35	1148	75	505	Heather Cramer	29	F	2:07:35	2:06:22	9.43
1025	57	429	Traci Wallace	42	F	2:04:15	2:02:20	9.28	1087	17	472	Kathleen Kerr	56	F	2:05:47	2:04:44	9.35	1149	81	506	Sarah Skillman	32	F	2:07:36	2:06:48	9.43
1026	51	430	Hollie Nauman	49	F	2:04:19	2:01:56	9.28	1088	99	616	Aaron Bealer	42	M	2:05:51	2:04:45	9.35	1150	88	644	Thomas Sculley	36	M	2:07:36	2:06:55	9.43
1027	52	431	Wendy Lee	45	F	2:04:23	2:02:59	9.28	1089	66	473	Kristen Oswald	41	F	2:05:53	2:04:31	9.35	1151	66	507	Donna Hey	49	F	2:07:41	2:06:33	9.43
1028	52	432	Brittany Yolk	24	F	2:04:23	2:02:59	9.28	1090	25	617	Douglas Hill	61	M	2:05:55	2:04:19	9.35	1152	67	508	Ruth Pepe	49	F	2:07:42	2:06:02	9.43
1029	71	433	Jane Fluck	32	F	2:04:24	2:03:30	9.28	1091	71	618	Matthew Mulqueen	53	M	2:05:56	2:04:48	9.35	1153	87	509	Katie Thieme	39	F	2:07:43	2:06:29	9.44
1030	83	597	Chris Luck	39	M	2:04:27	2:02:25	9.29	1092	67	474	Janine Hemond	42	F	2:05:56	2:04:41	9.35	1154	88	510	Heather Myers	38	F	2:07:44	2:06:46	9.44
1031	66	434	Angely Barry	25	F	2:04:29	2:03:24	9.29	1093	100	619	Mike Dopkin	41	M	2:05:57	2:03:57	9.35	1155	75	645	John Fritchman	53	M	2:07:48	2:06:43	9.44
1032	97	598	Kevin Rizzardi	41	M	2:04:34	2:03:46	9.29	1094	85	620	Jason Wright	39	M	2:05:58	2:04:17	9.35	1156	89	511	Lori Peterson	36	F	2:07:48	2:06:07	9.44
1033	53	435	Jennifer Saylor	47	F	2:04:34	2:03:24	9.29	1095	81	475	Colleen Gorman	38	F	2:06:00	2:04:40	9.36	1157	3	512	Jeri Sturges	60	F	2:07:49	2:06:52	9.44
1034	69	599	Woody Howell	52	M	2:04:36	2:03:54	9.29	1096	101	621	Michael Beck	41	M	2:06:00	2:05:07	9.36	1158	68	513	Patti Zubey	47	F	2:07:50	2:06:35	9.44
1035	58	436	Michelle Michak	41	F	2:04:37	2:04:08	9.29	1097	72	622	Kevin Mansfield	52	M	2:06:09	2:05:38	9.36	1159	76	646	Charles Morris	52	M	2:07:55	2:07:38	9.44
1036	31	437	Joanie Lepage	51	F	2:04:37	2:04:01	9.29	1098	82	476	Jennifer Massinger	37	F	2:06:09	2:05:01	9.36	1160	71	514	Dave Hoy	42	F	2:07:58	2:06:26	9.45
1037	83	600	Chris Knauer	32	M	2:04:38	2:04:03	9.29	1099	71	477	Erin Dietrich	29	F	2:06:10	2:05:16	9.36	1161	69	515	Linda Hoy	45	F	2:07:58	2:06:27	9:45
1038	84	601	Matthew Chad Derstine	39	M	2:04:42	2:03:48	9.30	1100	21	623	Benjamin Ahmad	18	M	2:06:11	2:04:38	9.37	1162	90	516	Karen Andrews	35	F	2:08:00	2:06:44	9:45
1039	59	438	Diane Levin	41	F	2:04:42	2:04:04	9.30	1101	102	624	Jim McCabe	43	M	2:06:12	2:05:28	9.37	1163	27	647	Robert Dietrich	63	M	2:08:03	2:07:02	9:45
1040	60	439	Jennifer Barron	44	F	2																				



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Gun Time		Chip Time Pace		Place	PLC DIV	PLC GEN	Name	Gun Time		Chip Time Pace		Place	PLC DIV	PLC GEN	Name	Gun Time		Chip Time Pace				
				Age	GEN	Time	Pace					Age	GEN	Time	Pace							Age	GEN	Time	Pace	
1181	35	527	Diane Barton	54	F	2:08:32	2:07:11	9:47	1243	87	555	Therese Schweyer	34	F	2:10:11	2:08:57	9:55	1305	108	593	Corinne Ronemus	37	F	2:12:10	2:10:58	10:04
1182	28	655	Donald Dodson	60	M	2:08:33	2:07:45	9:47	1244	39	689	Jeremy Fiume	24	M	2:10:13	2:09:11	9:55	1306	111	713	Darren Traub	43	M	2:12:11	2:12:11	10:04
1183	72	528	Jean Vincent	45	F	2:08:34	2:07:25	9:47	1245	92	690	Ryan Toth	32	M	2:10:13	2:10:13	9:55	1307	89	714	Michael Schappell	53	M	2:12:12	2:11:21	10:04
1184	83	529	Lisa Zwierzyna	31	F	2:08:34	2:07:15	9:47	1246	79	556	Lisa Nava	40	F	2:10:15	2:09:27	9:55	1308	85	594	Susan Park	41	F	2:12:12	2:10:51	10:04
1185	108	656	Dallas Pulliam	40	M	2:08:36	2:07:16	9:48	1247	21	557	Sharon Kozden	55	F	2:10:16	2:09:56	9:55	1309	93	595	Melissa Langston	34	F	2:12:12	2:11:05	10:04
1186	89	657	Robert Loftin	46	M	2:08:36	2:06:57	9:48	1248	65	691	Tom Haller	58	M	2:10:19	2:09:43	9:55	1310	97	715	Travis Pezzuto	39	M	2:12:13	2:10:42	10:04
1187	91	658	Jack Pedone	38	M	2:08:42	2:07:17	9:48	1249	31	692	Paul Schaffer	60	M	2:10:19	2:09:08	9:55	1311	94	716	Dominic Mazzotta	30	M	2:12:13	2:10:42	10:04
1188	4	659	Eugene Birmingham	74	M	2:08:43	2:07:24	9:48	1250	80	558	Lisa Marie Gelembiuk	44	F	2:10:21	2:09:18	9:56	1312	94	596	Jessica Albanese	34	F	2:12:17	2:10:28	10:04
1189	52	660	Jamie Pagliaro	27	M	2:08:51	2:07:56	9:49	1251	84	693	Brian Walsh	50	M	2:10:22	2:09:18	9:56	1313	6	717	Bob Lilly	65	M	2:12:17	2:11:20	10:04
1190	78	661	Steven Macri	53	M	2:08:54	2:07:12	9:49	1252	101	559	Amanda O'Keefe	39	F	2:10:23	2:08:39	9:56	1314	98	718	Dale Wagner	39	M	2:12:19	2:10:42	10:04
1191	89	662	Nader Ata	31	M	2:08:55	2:07:58	9:49	1253	102	560	Becky Shevlin	36	F	2:10:23	2:08:39	9:56	1315	103	719	John Park	46	M	2:12:20	2:10:02	10:05
1192	93	530	Stephanie Bloss	35	F	2:08:57	2:07:20	9:49	1254	78	561	Kimberly Held	29	F	2:10:23	2:10:12	9:56	1316	84	597	Nancy Kahn	48	F	2:12:22	2:11:25	10:05
1193	29	663	Tim Bahnuk	64	M	2:08:57	2:07:52	9:49	1255	32	694	Bill Gerhart	64	M	2:10:27	2:09:41	9:56	1317	58	598	Laura McCann	22	F	2:12:23	2:11:21	10:05
1194	79	664	Von George	54	M	2:08:59	2:07:26	9:49	1256	79	562	Erika Lutkins	27	F	2:10:27	2:09:29	9:56	1318	40	599	Jaclyn Olszewski	50	F	2:12:23	2:11:23	10:05
1195	62	665	Edward Labuda	55	M	2:09:04	2:07:49	9:50	1257	81	563	Anna Bateman	40	F	2:10:30	2:09:14	9:56	1319	35	720	Mark Cipolle	60	M	2:12:26	2:10:51	10:05
1196	76	531	Stacey Nacu	29	F	2:09:06	2:07:53	9:50	1258	96	695	John Benson	46	M	2:10:32	2:09:59	9:56	1320	99	721	Frank Romero	35	M	2:12:26	2:10:40	10:05
1197	92	666	Ryan Miller	38	M	2:09:11	2:08:41	9:50	1259	97	696	Mike Wenerowicz	47	M	2:10:34	2:08:37	9:57	1321	86	600	Tammy Romero	42	F	2:12:26	2:10:41	10:05
1198	90	667	Matthew Burkhardt	33	M	2:09:15	2:07:55	9:51	1260	80	564	Ashley Carlson	29	F	2:10:34	2:09:23	9:57	1322	95	601	Adrienne Horan	34	F	2:12:30	2:10:28	10:05
1199	80	668	Terry Black	53	M	2:09:16	2:08:01	9:51	1261	103	565	Trelissa Roden	38	F	2:10:35	2:08:52	9:57	1323	59	602	Camille Imbo	23	F	2:12:30	2:10:36	10:05
1200	93	669	Tony Laporte	38	M	2:09:22	2:08:19	9:51	1262	81	566	Jillian Dunn	25	F	2:10:36	2:09:09	9:57	1324	109	603	Megan Sciarriño	38	F	2:12:31	2:11:43	10:05
1201	81	670	Kevin McGovern	54	M	2:09:24	2:07:48	9:51	1263	88	567	Katie Schaeffer	34	F	2:10:43	2:08:43	9:57	1325	84	604	Liz Hill	27	F	2:12:31	2:10:56	10:05
1202	94	532	Jaime Bohn	39	F	2:09:24	2:07:48	9:51	1264	57	568	Meghan McFadden	22	F	2:10:44	2:10:35	9:57	1326	87	605	Amy Hill	44	F	2:12:32	2:10:57	10:06
1203	90	671	Chuck Trofe	47	M	2:09:25	2:08:07	9:51	1265	77	569	Sheri Wenerowicz	46	F	2:10:46	2:08:49	9:57	1327	60	606	Rachel Williams	22	F	2:12:34	2:11:18	10:06
1204	75	533	Amy Dymond-Jones	41	F	2:09:25	2:08:10	9:51	1266	78	570	Dianne Andresen	49	F	2:10:46	2:09:30	9:57	1328	85	607	Valerie Mehta	47	F	2:12:37	2:11:15	10:06
1205	91	672	David Yen	46	M	2:09:28	2:09:04	9:52	1267	40	697	Alex McKibben	22	M	2:10:47	2:10:02	9:57	1329	61	608	Samantha Park	22	F	2:12:38	2:10:12	10:06
1206	82	673	Frank D'Angelo	53	M	2:09:33	2:08:04	9:52	1268	82	571	Mona Purcell	44	F	2:10:47	2:10:47	9:58	1330	41	609	Sherry Romanoskie	50	F	2:12:41	2:11:15	10:06
1207	73	534	Colleen Gregory	45	F	2:09:34	2:07:51	9:52	1269	104	572	Jessica Dymda	35	F	2:10:47	2:08:50	9:58	1331	96	610	Cathrine Nederostek	31	F	2:12:42	2:12:42	10:06
1208	95	535	Jill Kuebler	39	F	2:09:38	2:08:40	9:52	1270	79	573	Laverne Zuk	47	F	2:10:56	2:09:43	9:58	1332	86	611	Carla Lieb	45	F	2:12:42	2:11:10	10:06
1209	36	536	Laurie Lyter	54	F	2:09:38	2:08:04	9:52	1271	98	698	Hamish Stewart-Smith	48	M	2:10:59	2:09:47	9:58	1333	104	722	Joe Held	45	M	2:12:49	2:12:27	10:07
1210	109	674	Scott Reece	42	M	2:09:38	2:08:58	9:52	1272	85	699	Tianyou Xue	53	M	2:11:00	2:09:31	9:59	1334	95	723	Rangel Romano	34	M	2:12:50	2:12:00	10:07
1211	96	537	Elisa Coyle	39	F	2:09:38	2:08:58	9:52	1273	86	700	Christopher Barnas	53	M	2:11:06	2:10:16	9:59	1335	88	612	Shelley Martin	41	F	2:12:53	2:11:46	10:07
1212	53	675	Nicholas Matone	25	M	2:09:39	2:08:26	9:52	1274	89	574	Sara Satullo	31	F	2:11:12	2:09:45	9:59	1336	36	724	Jay Fisher	62	M	2:12:56	2:11:48	10:07
1213	97	538	Jaimee Stemko	38	F	2:09:39	2:07:54	9:52	1275	96	701	Shawn Allison	37	M	2:11:12	2:09:46	9:59	1337	66	725	William Ayres	59	M	2:13:01	2:11:42	10:08
1214	98	539	Melissa Losito	38	F	2:09:39	2:07:54	9:52	1276	93	702	Justin Daniels	34	M	2:11:12	2:10:23	9:59	1338	105	726	Sean Beck	45	M	2:13:02	2:12:03	10:08
1215	74	540	Kelly Hartshore	46	F	2:09:44	2:07:47	9:53	1277	105	575	Desiree Carroll	37	F	2:11:13	2:09:53	9:59	1339	62	613	Heather Lechleitner	23	F	2:13:05	2:11:39	10:08
1216	38	676	Kyle Morales	22	M	2:09:44	2:09:00	9:53	1278	33	703	Eyre Price	61	M	2:11:14	2:09:57	10:00	1340	97	614	Krystal Johnson	32	F	2:13:16	2:12:07	10:09
1217	94	677	Christopher Monaco	35	M	2:09:45	2:08:05	9:53	1279	99	704	Andy Lo	48	M	2:11:14	2:10:21	10:00	1341	96	727	Adam Meadowcroft	34	M	2:13:18	2:11:59	10:09
1218	99	541	Shara Gundy	35	F	2:09:45	2:08:50	9:53	1280	5	576	Barbara Francis	64	F	2:11:16	2:10:09	10:00	1342	85	615	Chelsea Holloway	25	F	2:13:19	2:11:10	10:09
1219	76	542	Kristin Digiocomo	42	F	2:09:46	2:07:49	9:53	1281	80	577	Jen O'Connor	46	F	2:11:19	2:10:31	10:00	1343	54	728	Justin Bauman	26	M	2:13:19	2:11:16	10:09
1220	22	678	Thomas Beier	18	M	2:09:47	2:08:08	9:53	1282	87	705	Alan Siwy	51	M	2:11:21	2:10:28	10:00	1344	42	616	Sharon Dewire	52	F	2:13:21	2:11:36	10:09
1221	75	543	Michael Lipurna	47	F	2:09:49	2:08:27	9:53	1283	38	578	Cathy Siwy	50	F	2:11:21	2:10:28	10:00	1345	86	617	Courtney Mitzak	28	F	2:13:22	2:12:12	10:09
1222	92	679	Steven Goudsouzian	46	M	2:09:49	2:08:27	9:53	1284	100	706	Kevin Drake	46	M	2:11:22	2:11:22	10:00	1346	98	618	Alyson Raney	31	F	2:13:23	2:11:24	10:09
1223	84	544	Trish Iracki	32	F	2:09:51	2:08:36	9:53	1285	82	579	Joana Spinelli-Salemme	29	F	2:11:22	2:09:33	10:00	1347	90	729	Scott Sylvainus	54	M	2:13:24	2:12:32	10:09



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
1367	90	632	Melonie Fetterman	41	F	2:14:18	2:13:06	10:14	1429	97	672	Erica Phillips	41	F	2:16:09	2:14:29	10:22	1491	121	780	Kevin Brown	49	M	2:18:16	2:16:12	10:32
1368	108	736	Joseph Toto	47	M	2:14:22	2:12:44	10:14	1430	116	758	Erik Sheetz	46	M	2:16:13	2:14:30	10:22	1492	117	781	Joseph Hlatky	42	M	2:18:17	2:17:36	10:32
1369	99	633	Dalynn Stricker	31	F	2:14:22	2:12:13	10:14	1431	98	673	Laura Werner	43	F	2:16:15	2:14:41	10:22	1493	104	712	Trisha Shellhammer	31	F	2:18:19	2:16:25	10:32
1370	64	634	Clara De Frutos	24	F	2:14:25	2:13:10	10:14	1432	117	759	David Owens	45	M	2:16:15	2:14:37	10:22	1494	105	713	Amber Angle	31	F	2:18:20	2:16:25	10:32
1371	92	635	Kali Van Covern	29	F	2:14:26	2:12:28	10:14	1433	96	674	Ingrid Gerber	48	F	2:16:21	2:14:47	10:23	1495	101	714	Laura Lang	45	F	2:18:25	2:17:02	10:32
1372	109	737	Ronald Young	47	M	2:14:26	2:12:25	10:14	1434	116	760	Vince Fuentes	44	M	2:16:25	2:14:47	10:23	1496	41	782	Donald Evans	62	M	2:18:27	2:17:16	10:33
1373	93	636	Amanda Fulmore	29	F	2:14:29	2:13:36	10:14	1435	97	675	Jeanneine Altrogge	45	F	2:16:26	2:14:47	10:23	1497	107	715	Whitney Shurr	27	F	2:18:39	2:17:07	10:33
1374	110	738	Joe Collura	45	M	2:14:32	2:13:55	10:15	1436	68	761	Alan Kirby	56	M	2:16:26	2:15:12	10:23	1498	102	783	Sanket Khara	34	M	2:18:42	2:18:24	10:34
1375	90	637	Marianne Muntz	49	F	2:14:33	2:13:20	10:15	1437	98	676	Wendy Simpson	49	F	2:16:28	2:14:44	10:23	1499	42	784	Alexander Battisti	20	M	2:18:47	2:17:06	10:34
1376	91	739	Israel Olivieri	53	M	2:14:36	2:13:23	10:15	1438	99	677	Sarah Monte	41	F	2:16:29	2:15:05	10:24	1500	122	785	Kevin Neiley	49	M	2:18:47	2:17:28	10:34
1377	98	740	Eric Gibbons	34	M	2:14:37	2:13:28	10:15	1439	118	762	Pete Ambrosino	47	M	2:16:29	2:14:35	10:24	1501	106	716	Jessica Schwartz	34	F	2:18:48	2:17:49	10:34
1378	111	741	Jim Decray	45	M	2:14:37	2:13:25	10:15	1440	94	763	Steve Havighurst	51	M	2:16:32	2:15:13	10:24	1502	102	717	Susan Stockman	49	F	2:18:49	2:17:14	10:34
1379	100	638	Rachael Seese	33	F	2:14:37	2:13:23	10:15	1441	100	764	Joe Yeakel	33	M	2:16:33	2:14:54	10:24	1503	8	718	Susan Scalercio	61	F	2:18:49	2:17:14	10:34
1380	101	742	Shawn Dugan	37	M	2:14:41	2:13:31	10:15	1442	69	765	Don Kuntzman	59	M	2:16:35	2:15:50	10:24	1504	106	719	Heather Hacker	43	F	2:18:49	2:16:48	10:34
1381	91	639	Melissa Schaeffer	46	F	2:14:50	2:13:26	10:16	1443	99	678	Lauren Gober	26	F	2:16:36	2:14:54	10:24	1505	121	720	Laurie Jenkins Smith	39	F	2:18:51	2:17:34	10:34
1382	112	743	Rich Miller	49	M	2:14:51	2:14:01	10:16	1444	100	679	Monica Rebuck	44	F	2:16:36	2:14:52	10:24	1506	107	721	Shelby Taney	33	F	2:18:52	2:17:26	10:34
1383	7	744	Robert Gronski Sr	65	M	2:14:52	2:13:33	10:16	1445	68	680	Nicole Meyer	23	F	2:16:37	2:15:03	10:24	1507	108	722	Caroline Multari	33	F	2:18:52	2:18:03	10:34
1384	24	640	Joan Mensinger	58	F	2:14:55	2:13:22	10:16	1446	114	681	Tracy Wetzel	39	F	2:16:40	2:15:02	10:24	1508	108	723	Kimberly Hanna	26	F	2:18:52	2:17:38	10:34
1385	92	641	Monica Rowlands	47	F	2:14:55	2:13:32	10:16	1447	100	682	Taylor Kuphal	25	F	2:16:44	2:15:21	10:25	1509	109	724	Amber Berkoski	31	F	2:18:53	2:16:51	10:34
1386	94	642	Kayci Prevost	26	F	2:14:56	2:13:29	10:16	1448	69	683	Kayla Hendricks	24	F	2:16:50	2:16:05	10:25	1510	72	786	Edward Simpson	58	M	2:19:02	2:17:18	10:35
1387	99	745	Matt Macerelli	33	M	2:14:57	2:13:30	10:17	1449	41	766	Trevor Bishop	23	M	2:16:50	2:15:04	10:25	1511	103	787	Justin Mutchler	31	M	2:19:02	2:17:33	10:35
1388	44	643	Patty Mitzak	53	F	2:14:57	2:13:47	10:17	1450	119	676	George Stankiewitch	49	M	2:16:51	2:16:21	10:25	1512	110	725	Michelle Scanlan	32	F	2:19:05	2:19:05	10:35
1389	45	644	Andrea Smith	53	F	2:14:58	2:13:32	10:17	1451	27	684	Susan Gargano	57	F	2:16:57	2:15:47	10:26	1513	103	726	Elyssia Mathias	45	F	2:19:06	2:17:40	10:35
1390	95	645	Casey Brown	28	F	2:14:58	2:12:35	10:17	1452	101	685	Amanda Marchegiani	28	F	2:16:57	2:16:05	10:26	1514	42	788	Frank Victor	63	M	2:19:06	2:17:40	10:35
1391	96	646	Danielle Austin	29	F	2:14:58	2:12:35	10:17	1453	102	686	Michelle Frye	27	F	2:16:58	2:15:48	10:26	1515	28	727	Susan Heard	59	F	2:19:07	2:17:41	10:36
1392	91	647	Jacqueline Karpow	41	F	2:15:02	2:13:27	10:17	1454	70	768	Bill Souder	57	M	2:17:02	2:15:37	10:26	1516	122	728	Traci Fessler	36	F	2:19:25	2:17:43	10:37
1393	92	746	Thomas Biglin	52	M	2:15:07	2:14:24	10:17	1455	102	687	Tara Sperandio	33	F	2:17:04	2:16:12	10:26	1517	19	729	Lizzie Cacace	13	F	2:19:28	2:17:46	10:37
1394	97	648	Kellie Moore	25	F	2:15:09	2:13:42	10:17	1456	101	688	Lani Sherman	42	F	2:17:11	2:15:10	10:27	1518	104	730	Josephine Cacace	47	F	2:19:28	2:17:46	10:37
1395	65	649	Angela Cazonie	21	F	2:15:10	2:13:29	10:18	1457	102	689	Kristine Alder	41	F	2:17:11	2:15:11	10:27	1519	73	789	Dwayne Schantz	55	M	2:19:28	2:18:15	10:37
1396	66	650	Caitie Good	24	F	2:15:11	2:13:43	10:18	1458	115	690	Emily Houtz	37	F	2:17:16	2:15:59	10:27	1520	107	731	Christina Zelko Bennick	41	F	2:19:29	2:18:07	10:37
1397	113	747	Mike Burns	44	M	2:15:12	2:14:12	10:18	1459	101	769	Michael Bachman	31	M	2:17:22	2:16:18	10:28	1521	123	732	Christina Katrinak	39	F	2:19:29	2:17:52	10:37
1398	8	748	Jeff Gilbert	67	M	2:15:15	2:14:03	10:18	1460	95	770	Bob Schuett	53	M	2:17:31	2:15:39	10:28	1522	52	733	Mariann Knetz	50	F	2:19:38	2:18:08	10:38
1399	67	651	Morgan Duggan	24	F	2:15:17	2:15:00	10:18	1461	116	691	Jessica Harries	39	F	2:17:33	2:16:22	10:28	1523	123	790	Richard Kerr	46	M	2:19:46	2:18:22	10:38
1400	102	749	Stan Brownell	37	M	2:15:18	2:14:02	10:18	1462	117	692	Amie Yenser	38	F	2:17:37	2:16:47	10:29	1524	43	791	Doug McKenzie	60	M	2:19:47	2:19:11	10:39
1401	46	652	Jane George	53	F	2:15:20	2:13:43	10:18	1463	70	693	Kerissa Rohrbach	21	F	2:17:37	2:16:47	10:29	1525	111	734	Monica Hicks	32	F	2:19:52	2:18:40	10:39
1402	92	653	Jackie Bolig	44	F	2:15:22	2:14:20	10:18	1464	103	694	Jamie Vanvalkenburgh	28	F	2:17:37	2:16:25	10:29	1526	108	735	Kate Brandes	44	F	2:19:54	2:17:47	10:39
1403	47	654	Laurie Brey	51	F	2:15:26	2:14:11	10:19	1465	103	695	Kara Stahley	42	F	2:17:38	2:16:05	10:29	1527	56	792	Benjamin Foreman	26	M	2:19:54	2:18:12	10:39
1404	111	655	Stacey Wadas	36	F	2:15:32	2:13:50	10:19	1466	50	696	Christy Huber	52	F	2:17:39	2:16:30	10:29	1528	112	736	Kristina Wulf	30	F	2:19:55	2:18:24	10:39
1405	93	656	Michele Leheup	41	F	2:15:35	2:14:27	10:19	1467	9	771	Bill Harshman	69	M	2:17:39	2:16:30	10:29	1529	124	737	Corrine Gayl	36	F	2:19:57	2:18:08	10:39
1406	6	657	Barbara Daffley	60	F	2:15:37	2:14:06	10:20	1468	39	772	Adriana Van Gaalen	61	M	2:17:41	2:16:57	10:29	1530	105	738	Sherine Subero	45	F	2:19:58	2:18:31	10:40
1407	48	658	Michelle Sheridan	52	F	2:15:37	2:14:01	10:20	1469	120	773	Robert Paradise	48	M	2:17:41	2:15:49	10:29	1531	104	793	Mario Rosa	33	M	2:20:00	2:19:32	10:40
1408	25	659	Roberta Wywiorski	57	F	2:15:39	2:13:53	10:20	1470	71	774	Rob Deluca	55	M	2:17:42	2:15:50	10:29	1532	109	739	Leslie Brown	42	F	2:20:01	2:18:03	10:40
1409	113	750	James Millets	48	M	2:15:41	2:13:41	10:20	1471	99	697	Robin Paradise	48	F	2:17:42	2:15:50	10:29	1533	113	740	Holly Bubba	32	F	2:20:04	2:18:10	10:40
1410	112	660	Audra Kahr	36	F	2:15:41	2:13:40	10:20	1472	96	775	Bill Busteed	53	M	2:17:43	2:16:24	10:29	1534	104	794	Daniel Stemko	37	M	2:20:05	2:18:20	10:40
1411	37	751	Tom Wolf	63	M	2:15:42	2																			



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
1553	126	752	Ely Aiaseh	35	F	2:20:49	2:19:15	10:43	1615	74	801	Jordan Lasco	23	F	2:23:14	2:21:24	10:54	1677	128	845	Lynn Bensing	49	F	2:25:55	2:23:53	11:07
1554	127	753	Kristin Eicholtz	35	F	2:20:54	2:18:50	10:44	1616	21	802	Emma Steirer	19	F	2:23:15	2:21:29	10:54	1678	33	846	Bernadette Baker	58	F	2:26:02	2:25:12	11:07
1555	113	754	Tina Enterman	43	F	2:20:57	2:19:39	10:44	1617	134	803	Amy Keeler	38	F	2:23:16	2:21:31	10:54	1679	124	847	Vonda Bateman	40	F	2:26:02	2:25:23	11:07
1556	105	802	Michael D'Avanzo	36	M	2:21:00	2:19:30	10:44	1618	100	815	Charles Butler	53	M	2:23:16	2:22:07	10:55	1680	129	848	Lisa Ann Cich	47	F	2:26:07	2:24:36	11:08
1557	74	803	Michele Maranzana	56	M	2:21:06	2:19:26	10:45	1619	108	816	Joseph Tomanik	33	M	2:23:17	2:22:10	10:55	1681	125	849	Amy White	43	F	2:26:13	2:24:05	11:08
1558	114	755	Kerri Nigito	34	F	2:21:07	2:19:43	10:45	1620	101	817	Donald Porter	51	M	2:23:32	2:21:52	10:56	1682	77	833	Bryan Gehringer	56	M	2:26:16	2:23:27	11:08
1559	115	756	Kathleen Luft	31	F	2:21:09	2:19:01	10:45	1621	115	804	Tammy Trace	49	F	2:23:37	2:23:10	10:56	1683	126	850	Anawilda Matos Mejias	40	F	2:26:17	2:24:19	11:08
1560	45	804	Joseph Krutsick	60	M	2:21:10	2:18:53	10:45	1622	119	818	Heath Kishbaugh	44	M	2:23:39	2:22:02	10:56	1684	59	834	Frankie Potolycki	25	M	2:26:20	2:24:12	11:08
1561	128	757	Liliana Salazar	37	F	2:21:11	2:19:08	10:45	1623	122	805	Jessica Keefe	33	F	2:23:40	2:22:03	10:56	1685	143	851	April Treible	39	F	2:26:24	2:23:47	11:09
1562	114	758	Michelle Garges	40	F	2:21:12	2:19:31	10:45	1624	120	819	Ratan Ratnesh	42	M	2:23:42	2:21:51	10:56	1686	121	852	Sarah Moran	27	F	2:26:26	2:24:09	11:09
1563	57	759	Debbie Seifert	51	F	2:21:16	2:19:40	10:45	1625	119	806	Kimberly Keller	42	F	2:23:45	2:21:45	10:57	1687	130	853	Kelly Walsh	45	F	2:26:29	2:24:30	11:09
1564	20	760	Christy Peters	16	F	2:21:17	2:20:37	10:45	1626	116	807	Christin Kielar	29	F	2:23:46	2:21:59	10:57	1688	125	835	Brian Harting	40	M	2:26:31	2:25:14	11:09
1565	129	761	Renay Langley	35	F	2:21:20	2:20:18	10:46	1627	121	820	Willard Reinhard	43	M	2:23:46	2:22:40	10:57	1689	78	836	John Liming	55	M	2:26:34	2:25:23	11:10
1566	109	762	Valerie Hellriegel	48	F	2:21:23	2:19:33	10:46	1628	116	808	Angela Fenstermaker	45	F	2:23:51	2:21:50	10:57	1690	129	837	Jeffrey Bachman	46	M	2:26:37	2:26:37	11:10
1567	109	763	Terri McKenzie	29	F	2:21:30	2:20:27	10:46	1629	123	809	Nicole Vracarich	31	F	2:23:55	2:22:02	10:57	1691	127	854	Jen Kohlmeier	43	F	2:26:41	2:25:21	11:10
1568	58	764	Lorna Mattern	51	F	2:21:33	2:20:05	10:47	1630	117	810	Jennifer Eastman	47	F	2:23:56	2:22:02	10:58	1692	79	838	Gerard Geiger	56	M	2:26:45	2:24:32	11:10
1569	116	765	Calley Taylor	34	F	2:21:33	2:19:51	10:47	1631	122	821	Kevin Landis	42	M	2:23:59	2:21:57	10:58	1693	80	839	Kevin Hendricks	55	M	2:26:53	2:25:07	11:11
1570	115	766	Sara Doran	43	F	2:21:36	2:20:15	10:47	1632	118	811	Carmela Smith	48	F	2:24:00	2:21:54	10:58	1694	122	855	Isra Sherif	25	F	2:26:53	2:25:16	11:11
1571	130	767	Megan McCartney	38	F	2:21:42	2:20:12	10:47	1633	117	812	Kelly Ward	29	F	2:24:01	2:22:43	10:58	1695	81	840	Al Peters	57	M	2:26:55	2:26:15	11:11
1572	59	768	Barbara Raifsnider	54	F	2:21:44	2:20:27	10:47	1634	135	813	Melinda Walck	37	F	2:24:01	2:22:07	10:58	1696	46	841	Mark Guthrie	62	M	2:26:56	2:25:34	11:11
1573	110	769	Leslie Touchton	47	F	2:21:47	2:20:28	10:48	1635	127	822	Bob Simons	46	M	2:24:03	2:22:01	10:58	1697	130	842	Jeff Ackerman	46	M	2:27:05	2:25:05	11:12
1574	124	805	Steve Coover	46	M	2:21:48	2:20:29	10:48	1636	136	814	Lindsay Poremba	39	F	2:24:03	2:21:48	10:58	1698	123	856	Siobhan Cusumano	28	F	2:27:11	2:25:30	11:12
1575	117	770	Sasha Becker	33	F	2:21:53	2:19:49	10:48	1637	137	815	Erin Charnick	37	F	2:24:03	2:22:20	10:58	1699	60	843	Steven Mankos	26	M	2:27:12	2:25:37	11:12
1576	125	806	Timothy Lebrecht	48	M	2:21:54	2:20:42	10:48	1638	124	816	Jamie Buriak	30	F	2:24:13	2:23:20	10:59	1700	47	844	Robert Azadian	64	M	2:27:14	2:25:35	11:13
1577	98	807	Robert Timer	54	M	2:21:57	2:20:41	10:48	1639	138	817	Jasmine Surti	38	F	2:24:18	2:22:41	10:59	1701	111	845	Leonardo Suncar	32	M	2:27:15	2:25:13	11:13
1578	110	771	Jennifer Lawhorne	27	F	2:21:58	2:20:46	10:49	1640	119	818	Katy Case	47	F	2:24:22	2:22:32	11:00	1702	127	857	Sarah Zimmerman	34	F	2:27:20	2:25:29	11:13
1579	73	772	Olivia Walker	24	F	2:22:00	2:20:20	10:49	1641	139	819	Jeanette Boekenkamp	39	F	2:24:24	2:23:03	11:00	1703	61	846	Tim James	27	M	2:27:22	2:25:15	11:13
1580	111	773	Amy Coccia	47	F	2:22:01	2:20:39	10:49	1642	76	823	John Tacca	55	M	2:24:25	2:23:24	11:00	1704	76	858	Liz Erb	23	F	2:27:22	2:25:14	11:13
1581	29	774	Kathleen Prindible	56	F	2:22:05	2:20:22	10:49	1643	120	820	Rebecca Newsom	48	F	2:24:28	2:22:39	11:00	1705	128	859	Melissa Kearney	43	F	2:27:24	2:25:24	11:13
1582	116	775	Jessica Rigo	42	F	2:22:08	2:20:14	10:49	1644	121	821	Mei Sei Fong	49	F	2:24:29	2:22:48	11:00	1706	128	860	Courtney Steckert	30	F	2:27:25	2:25:09	11:13
1583	131	776	Barbara Miller	38	F	2:22:08	2:20:14	10:49	1645	122	822	Agnes Hardy-Boyer	49	F	2:24:31	2:22:41	11:00	1707	9	861	Eileen Carr	61	F	2:27:27	2:25:54	11:14
1584	6	808	Robert Cays	76	M	2:22:08	2:20:52	10:49	1646	125	823	Ellen Price	33	F	2:24:34	2:22:50	11:00	1708	144	862	Christy Daniels	36	F	2:27:27	2:26:07	11:14
1585	60	777	Rhonda Schuch-Knauss	54	F	2:22:15	2:20:34	10:50	1647	120	824	Natasha Moore	41	F	2:24:36	2:22:32	11:01	1709	131	847	Richard Santangini	45	M	2:27:27	2:26:25	11:14
1586	111	778	Sara Talarico	29	F	2:22:16	2:20:01	10:50	1648	75	825	Taryn Traxler	23	F	2:24:39	2:22:33	11:01	1710	129	863	Rachel Hosterman	33	F	2:27:28	2:25:29	11:14
1587	126	809	Fred Beller	49	M	2:22:17	2:21:13	10:50	1649	66	826	Tara Paletski	51	F	2:24:42	2:22:15	11:01	1711	131	864	Kathleen Boland	46	F	2:27:29	2:26:04	11:14
1588	117	779	Darlene Farris-Labar	43	F	2:22:17	2:20:50	10:50	1650	123	827	Barbara Lawson	46	F	2:24:44	2:23:06	11:01	1712	82	848	Jim Lisiecki	58	M	2:27:31	2:25:54	11:14
1589	75	810	Michael Massey	57	M	2:22:17	2:20:52	10:50	1651	32	828	Jane Consiglio	55	F	2:24:45	2:22:39	11:01	1713	23	865	Abigail Obert	18	F	2:27:34	2:25:18	11:14
1590	99	811	Kevin Breyer	52	M	2:22:19	2:20:57	10:50	1652	124	829	Lane Wilder	48	F	2:24:46	2:22:25	11:01	1714	24	866	Maria Reichley	18	F	2:27:35	2:25:47	11:14
1591	30	780	Maureen Teator	56	F	2:22:19	2:20:52	10:50	1653	57	824	Christopher Wagner	29	M	2:24:52	2:23:49	11:02	1715	132	867	Barb Reichley	46	F	2:27:36	2:25:36	11:14
1592	61	781	Carolyn Albright	54	F	2:22:21	2:20:37	10:50	1654	126	830	Kristin Jacoby	34	F	2:25:00	2:23:22	11:02	1716	145	868	Melissa Rhode	39	F	2:27:36	2:25:32	11:14
1593	112	782	Andrea Lystad	45	F	2:22:23	2:20:55	10:50	1655	107	825	Michael McGuire	35	M	2:25:00	2:23:25	11:02	1717	10	869	Bonnie Ogden	63	F	2:27:37	2:25:32	11:14
1594	132																									



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
1739	135	889	Marie Barna-Rogers	47	F	2:28:24	2:26:48	11:18	1801	108	867	Todd Turbett	50	M	2:31:42	2:29:28	11:33	1863	142	977	Jennifer Korinek	34	F	2:35:59	2:33:13	11:53
1740	148	890	Heena Dhorajia	36	F	2:28:30	2:27:27	11:18	1802	145	935	Laurie Reinhart	43	F	2:31:42	2:29:28	11:33	1864	143	978	Sheila Contento	31	F	2:36:05	2:34:39	11:53
1741	136	891	Tania Soloski	40	F	2:28:33	2:26:57	11:19	1803	156	936	Melinda Millard	37	F	2:31:47	2:30:29	11:33	1865	136	887	Arwind Pai	49	M	2:36:08	2:34:19	11:53
1742	136	892	Renae Peczenij	48	F	2:28:33	2:26:37	11:19	1804	25	937	Natalie Grune	19	F	2:31:48	2:30:07	11:33	1866	162	979	Tina Depew	36	F	2:36:09	2:34:02	11:53
1743	35	893	Donna Falk	56	F	2:28:39	2:27:13	11:19	1805	15	938	Jacqueline Rosello	60	F	2:31:49	2:30:28	11:34	1867	163	980	Asilynn Torchio	37	F	2:36:11	2:34:28	11:53
1744	69	894	Debra Kreider	52	F	2:28:39	2:27:13	11:19	1806	113	868	Theodore Colegrove	31	M	2:31:51	2:29:45	11:34	1868	52	888	Steve Whittle	64	M	2:36:15	2:34:02	11:54
1745	137	895	Madeleine Maximuck	47	F	2:28:40	2:27:15	11:19	1807	111	869	Matthew Moore	39	M	2:31:51	2:29:55	11:34	1869	154	981	Jill Fisher	41	F	2:36:17	2:34:28	11:54
1746	130	896	Amanda Newhart	34	F	2:28:42	2:27:12	11:19	1808	133	870	Todd Lakey	45	M	2:31:51	2:29:55	11:34	1870	164	982	Jamie Puleo	37	F	2:36:30	2:33:57	11:55
1747	103	851	Duane Gower	51	M	2:28:45	2:27:51	11:20	1809	50	871	Will Mest	60	M	2:31:55	2:30:10	11:34	1871	144	983	Amy Radzom	33	F	2:36:31	2:34:17	11:55
1748	137	897	Jamie Benol	41	F	2:28:46	2:26:56	11:20	1810	79	939	Ashley Gamber	23	F	2:31:56	2:31:29	11:34	1872	83	984	Nia Velazquez	23	F	2:36:33	2:32:58	11:55
1749	149	898	Amanda Yenser	36	F	2:28:48	2:26:28	11:20	1811	146	940	Michelle Bernstein	42	F	2:32:01	2:29:35	11:34	1873	84	985	Siobhan Kiernan	22	F	2:36:52	2:34:38	11:57
1750	70	899	Caroline Macri	50	F	2:28:52	2:26:31	11:20	1812	128	872	John Audette	42	M	2:32:02	2:29:35	11:34	1874	137	986	Katie Boltz	28	F	2:36:54	2:35:33	11:57
1751	138	900	Cindy Gooch	44	F	2:28:55	2:26:41	11:20	1813	12	873	Jim Neely	65	M	2:32:07	2:29:34	11:35	1875	85	987	Laura Parks	20	F	2:36:56	2:35:46	11:57
1752	14	901	Mary Nestor	62	F	2:28:58	2:27:13	11:20	1814	147	941	Chris Gallacher	42	F	2:32:09	2:29:53	11:35	1876	165	988	Suzanne Woods	38	F	2:36:58	2:36:35	11:57
1753	139	902	Anne-Marie Christian	42	F	2:29:00	2:27:05	11:21	1815	63	874	Eric Godley	28	M	2:32:11	2:30:00	11:35	1877	155	989	Sandy French	40	F	2:37:01	2:36:40	11:57
1754	109	852	Phil Kessler	37	M	2:29:01	2:27:25	11:21	1816	80	942	Samantha Foreman	24	F	2:32:20	2:30:30	11:36	1878	146	990	Caryn French	47	F	2:37:04	2:36:42	11:57
1755	71	903	Melanie Olenwine	53	F	2:29:01	2:26:50	11:21	1817	129	875	Ezra Ball	42	M	2:32:31	2:30:33	11:37	1879	65	889	Jay Patel	29	M	2:37:09	2:34:56	11:58
1756	104	853	Greg King	50	M	2:29:03	2:28:08	11:21	1818	131	943	Erika Llagas	26	F	2:32:33	2:31:42	11:37	1880	145	991	Maria Fitzpatrick	30	F	2:37:10	2:34:56	11:58
1757	62	854	Andrew Demyan	28	M	2:29:10	2:27:54	11:21	1819	142	944	Michelle Baker	45	F	2:32:33	2:31:42	11:37	1881	86	992	Emily Behie	23	F	2:37:17	2:36:18	11:58
1758	138	904	Beth Gambone	45	F	2:29:15	2:26:58	11:22	1820	148	945	Meg Mozi	43	F	2:32:39	2:31:02	11:37	1882	53	890	Gary Behie	60	M	2:37:18	2:36:20	11:59
1759	150	905	Gretchen Torres	39	F	2:29:15	2:28:41	11:22	1821	13	876	Jose Garcia	65	M	2:32:46	2:31:21	11:38	1883	156	993	Colleen Fitzpatrick	43	F	2:37:23	2:36:28	11:59
1760	126	906	Nadia Mora	25	F	2:29:16	2:27:27	11:22	1822	8	877	Joseph Charnecki	70	M	2:32:47	2:32:19	11:38	1884	146	994	Samantha Laudenslager	32	F	2:37:31	2:35:52	12:00
1761	131	907	Sheena Valero	33	F	2:29:18	2:27:18	11:22	1823	149	946	Adrienne Rodgers	44	F	2:32:51	2:30:56	11:38	1885	87	995	Meghan Mawhinney	23	F	2:37:39	2:36:13	12:00
1762	36	908	Mary Ellen Spadone	55	F	2:29:19	2:27:36	11:22	1824	150	947	Kristine Blake	40	F	2:32:51	2:30:56	11:38	1886	147	996	Laura Bujold	31	F	2:37:41	2:35:06	12:00
1763	77	909	Molly Danenhower	24	F	2:29:21	2:27:03	11:22	1825	157	948	Siobhan Trionfetti	36	F	2:32:59	2:31:02	11:39	1887	138	997	Megan Bogdanski	29	F	2:37:43	2:35:28	12:00
1764	105	855	Kevin Wolfe	54	M	2:29:25	2:27:05	11:23	1826	151	949	Rachel Frisch	41	F	2:33:00	2:30:38	11:39	1888	76	998	Mary-Kate McGuire	50	F	2:37:45	2:36:21	12:01
1765	106	856	Stephen Kauffman	54	M	2:29:28	2:28:12	11:23	1827	132	950	Emily Wesner	29	F	2:33:03	2:31:13	11:39	1889	147	999	Cynthia Mullen	46	F	2:37:46	2:37:02	12:01
1766	112	857	Nate Orlowski	34	M	2:29:29	2:28:12	11:23	1828	112	878	Tony Luizza	35	M	2:33:05	2:32:05	11:39	1890	157	1000	Jacquie Szutar	43	F	2:37:50	2:36:31	12:01
1767	44	858	Matthew Park	23	M	2:29:32	2:27:11	11:23	1829	134	879	John Ackourey	45	M	2:33:05	2:32:05	11:39	1891	40	1001	Carol-Ann Manfrida	57	F	2:38:04	2:36:04	12:02
1768	48	859	Joseph Wehrman	64	M	2:29:36	2:29:36	11:23	1830	133	951	Lauren Brown	26	F	2:33:07	2:30:55	11:39	1892	139	1002	Chelsea Moroski	26	F	2:38:09	2:36:16	12:02
1769	151	910	Melissa Michael	35	F	2:29:38	2:27:55	11:24	1831	143	952	Jennifer Scheel	48	F	2:33:17	2:32:13	11:40	1893	85	891	Barry Faust	59	M	2:38:09	2:36:14	12:02
1770	139	911	Debra Robert	47	F	2:29:40	2:27:23	11:24	1832	135	953	Alaine Allard	30	F	2:33:24	2:31:02	11:41	1894	140	1003	Karen-Elizabeth Moroski	26	F	2:38:09	2:36:16	12:02
1771	152	912	Kelly Hallman	39	F	2:29:40	2:27:23	11:24	1833	136	954	Alison Fowler	32	F	2:33:25	2:31:46	11:41	1895	88	1004	Lucie Loftus	22	F	2:38:23	2:36:19	12:03
1772	72	913	Katherine Engushov	51	F	2:29:41	2:28:11	11:24	1834	137	955	Kerriann Gulmy	30	F	2:33:30	2:32:33	11:41	1896	77	1005	Patty Hartzell	51	F	2:38:26	2:36:15	12:04
1773	140	914	Justine Groves	40	F	2:29:43	2:28:12	11:24	1835	152	956	Heather Hechler	40	F	2:33:35	2:31:34	11:42	1897	109	892	Joseph Womelsdorf	51	M	2:38:27	2:36:48	12:04
1774	37	915	Margie Kavchok	59	F	2:29:44	2:28:07	11:24	1836	138	957	Jennifer Loprete	31	F	2:33:35	2:31:45	11:42	1898	148	1006	Terrie Matz	46	F	2:38:30	2:36:36	12:04
1775	132	860	Craig Spear	46	M	2:29:47	2:28:00	11:24	1837	1	958	Linda Wentzel	70	F	2:33:42	2:31:27	11:42	1899	78	1007	Sandra O'Rourke	53	F	2:38:33	2:37:59	12:04
1776	49	861	Dale Martin	62	M	2:29:58	2:27:50	11:25	1838	139	959	Bonnie Baskin	31	F	2:33:48	2:31:36	11:43	1900	79	1008	Donna Fritchman	52	F	2:38:37	2:37:01	12:05
1777	140	916	Maia Geiger	46	F	2:30:10	2:28:13	11:26	1839	158	960	April Taylor	35	F	2:34:38	2:32:06	11:43	1901	110	893	Edward Joule	53	M	2:38:49	2:37:05	12:05
1778	153	917	Karen Long	36	F	2:30:11	2:28:23	11:26	1840	134	961	Ashleigh Petros	25	F	2:34:02	2:32:46	11:44	1902	141	1009	Krista Mansfield	28	F	2:38:46	2:37:01	12:05
1779	127	918	Robin Aguilera	26	F	2:30:12	2:30:12	11:26	1841	113	880	Johannes Six	36	M	2:34:10	2:32:17	11:44	1903	149	1010	Wendy Nicolosi	46	F	2:39:03	2:37:12	12:07
1780	154	919	Christine Blair	39	F	2:30:14	2:28:46	11:26	1842	81	962	Meghan Pasquarette	22	F	2:34:19	2:32:09	11:45	1904	166	1011	Heather McCord	38	F	2:39:09	2:37:45	12:07
1781	155	920	Stacy Bucher	38	F	2:30:15	2:28:46	11:26	1843	140	963	Jessica Heintz	30	F	2:34:21	2:31:47	11:45	1905	150	1012	Mara Ziegler	48	F	2:39:21	2:37:21	12:08
1782	141	921	Renee Ezrin	42	F	2:30:22	2:28:51	11:27	1844	14	881	Ron Turner	69	M	2:34:22	2:33:10	11:45	1906	151	1013	Stacey Lyons	48	F	2:39:23	2:37:34	12:08



Half Marathon Results

Place	PLC DIV	PLC GEN	Name	10K			10K			10K			10K			10K			10K								
				Age	GEN	Split	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Split	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Split	Chip Time	Pace	
1925	90	1029	Lynn Green	23	F	2:41:05	2:38:56	12:16	1987	115	914	Nick Takacs	37	M	2:48:45	2:46:45	12:51	2049	95	1118	Denise Williams	50	F	3:01:10	3:00:15	13:47	
1926	155	1030	Kim Rutt	45	F	2:41:15	2:38:59	12:17	1988	177	1074	Erica Kahr	37	F	2:48:45	2:46:44	12:51	2050	115	932	Thomas Nowicke	50	M	3:01:19	2:59:00	13:48	
1927	156	1031	Trish Hanna	48	F	2:41:15	2:38:59	12:17	1989	143	1075	Mitali Ray	26	F	2:48:58	2:44:59	12:52	2051	180	1119	Nicole Lobecker	35	F	3:01:25	2:58:59	13:49	
1928	91	1032	Abbey Sauerwine	20	F	2:41:19	2:39:39	12:17	1990	91	1076	Mary Rose Smith	51	F	2:49:05	2:46:44	12:52	2052	181	1120	Amanda Nelson	36	F	3:01:58	2:59:39	13:51	
1929	170	1033	Shanna Wiedl	38	F	2:41:24	2:38:56	12:17	1991	140	915	James Downey	48	M	2:49:06	2:46:50	12:52	2053	20	1121	Mary Young	61	F	3:02:29	3:00:40	13:53	
1930	171	1034	Amanda Tressler	36	F	2:41:24	2:38:57	12:17	1992	161	1077	Ginny Downey	48	F	2:49:06	2:46:50	12:52	2054	3	1122	Christiane Torchia	72	F	3:02:29	3:00:40	13:53	
1931	157	1035	Leslie Beltran	47	F	2:41:26	2:40:46	12:17	1993	93	1078	Vanessa Spamer	24	F	2:49:45	2:47:35	12:55	2055	19	933	Arturo Gonzaga	65	M	3:02:39	3:01:16	13:54	
1932	43	1036	Gwen McCurdy	57	F	2:41:30	2:39:56	12:18	1994	132	916	Sridhar Venkatarayanan	43	M	2:50:01	2:48:25	12:57	2056	48	1123	Connie Yaqub	57	F	3:02:53	3:00:33	13:55	
1933	17	1037	Fonda Pry	64	F	2:41:30	2:39:57	12:18	1995	162	1079	Marian Magee	45	F	2:50:04	2:47:44	12:57	2057	158	1124	Amanda Dougherty	33	F	3:03:25	3:00:58	13:58	
1934	2	1038	Molly Sebastian	71	F	2:41:30	2:39:56	12:18	1996	165	1080	Bonnie Peters	40	F	2:50:09	2:48:43	12:57	2058	98	1125	Samantha Lindaberry	23	F	3:03:25	3:00:58	13:58	
1935	114	897	John Fegley	34	M	2:41:42	2:39:44	12:19	1997	154	1081	Maitri Ray	31	F	2:50:48	2:46:49	13:00	2059	151	1126	Brittania Powell	27	F	3:03:26	3:00:45	13:58	
1936	81	1039	Joy Wiltshire	52	F	2:42:05	2:39:40	12:20	1998	178	1082	Courtney Pascarella	35	F	2:51:05	2:48:50	13:01	2060	96	1127	Anne Constant	50	F	3:03:26	3:00:45	13:58	
1937	82	1040	Lisa Flory	51	F	2:42:14	2:40:24	12:21	1999	133	917	Abey Jacob	41	M	2:51:10	2:51:10	13:02	2061	170	1128	Danielle McKnight	48	F	3:04:12	3:02:12	14:01	
1938	115	898	Kenneth Bujold	33	M	2:42:30	2:39:55	12:22	2000	94	1083	Alexia Sparrow	24	F	2:51:39	2:49:37	13:04	2062	173	1129	Jamie Ahner	41	F	3:04:12	3:02:13	14:01	
1939	23	899	Justin Daniels Jr	14	M	2:42:36	2:41:49	12:23	2001	166	1084	Leanne Koder	42	F	2:51:40	2:50:33	13:04	2063	159	1130	Heidi Geist	30	F	3:04:33	3:02:40	14:03	
1940	159	1041	Helen Hartill	43	F	2:42:41	2:41:00	12:23	2002	163	1085	Barbara Digenova	45	F	2:52:06	2:49:51	13:06	2064	120	934	Scott Reid	33	F	3:04:34	3:02:39	14:03	
1941	83	1042	Debbie Nowicki	54	F	2:42:56	2:40:52	12:24	2003	167	1086	Miriam Krisiak	44	F	2:52:14	2:50:16	13:07	2065	171	1131	Diana Lupold	49	F	3:05:03	3:02:36	14:05	
1942	44	1043	Lisa Leblanc	59	F	2:42:56	2:40:51	12:24	2004	144	1087	Amie Fehnrich	27	F	2:52:22	2:51:48	13:07	2066	26	1132	Emily Lupold	17	F	3:05:03	3:02:35	14:05	
1943	172	1044	Amanda Brown	35	F	2:43:00	2:41:43	12:25	2005	92	1088	Natalie Marano	54	F	2:52:24	2:50:09	13:07	2067	152	1133	Jamie Lambert	27	F	3:05:38	3:03:05	14:08	
1944	173	1045	Diane Johnson	35	F	2:43:12	2:40:57	12:25	2006	179	1089	Melissa Gurdineer	35	F	2:52:25	2:50:36	13:08	2068	145	935	John Vincent	47	F	3:06:28	3:04:22	14:12	
1945	4	1046	Colleen Donahue	67	F	2:43:18	2:41:48	12:26	2007	116	918	Mike Lentoski	38	M	2:52:34	2:50:30	13:08	2069	153	1134	Lauren Wenhold	27	F	3:07:29	3:06:17	14:16	
1946	158	1047	Stacey Bardonnx	45	F	2:43:18	2:41:48	12:26	2008	164	1090	Susan Grella	49	F	2:52:41	2:50:42	13:09	2070	97	1135	Jeanmarie Jackman	52	F	3:07:29	3:05:17	14:16	
1947	87	900	Cheen Toh	55	M	2:43:26	2:41:20	12:27	2009	165	1091	Patricia Tonay	45	F	2:52:41	2:50:42	13:09	2071	182	1136	Jillian Olsen	38	F	3:08:03	3:05:29	14:19	
1948	84	1048	Dawn Will	50	F	2:43:33	2:41:58	12:27	2010	168	1092	Michele Futchko	42	F	2:52:43	2:50:45	13:09	2072	21	1137	Deb Fulmer	60	F	3:08:15	3:05:46	14:20	
1949	92	1049	Alyssa Dougherty	23	F	2:43:43	2:41:23	12:28	2011	18	919	Carlos Fazenda	69	M	2:52:59	2:50:48	13:10	2073	49	1138	Donna Volkert	59	F	3:08:17	3:05:57	14:20	
1950	111	901	Kevin Gruber	53	M	2:43:57	2:41:52	12:29	2012	141	920	Tim Snow	48	M	2:53:29	2:53:29	13:12	2074	183	1139	Heather Lindaman	35	F	3:08:18	3:06:02	14:20	
1951	160	1050	Kristin Delorenzo	43	F	2:44:02	2:41:54	12:29	2013	166	1093	Trish Maran	47	F	2:53:32	2:51:09	13:13	2075	154	1140	Erin Ross	28	F	3:08:19	3:06:14	14:20	
1952	17	902	Gordon Lucas	68	M	2:44:02	2:41:55	12:29	2014	5	1094	Deborah Booth	67	F	2:53:48	2:51:12	13:14	2076	184	1141	Jill Robey	37	F	3:09:20	3:07:28	14:25	
1953	174	1051	Angela Marchetti	39	F	2:44:12	2:41:46	12:30	2015	95	1095	Sarah Hager	24	F	2:53:56	2:51:29	13:14	2077	172	1142	Lisa Mills	49	F	3:09:35	3:09:35	14:26	
1954	175	1052	Amy Bennett	39	F	2:44:19	2:42:30	12:31	2016	6	1096	Deborah Timko	65	F	2:54:13	2:51:38	13:16	2078	50	1143	Melissa Sassaman	58	F	3:12:44	3:10:26	14:40	
1955	85	1053	Maureen Gower	54	F	2:44:20	2:42:31	12:31	2017	142	921	Scott Morris	45	M	2:54:13	2:51:38	13:16	2079	98	1144	Christina Cruz	50	F	3:12:49	3:10:55	14:41	
1956	116	903	Andrei Nacu	32	M	2:44:35	2:43:23	12:32	2018	143	922	Jason Cesari	45	M	2:54:14	2:51:37	13:16	2080	155	1145	Allison Milbrand	26	F	3:14:24	3:11:56	14:48	
1957	161	1054	Susan Dwyer	41	F	2:44:39	2:43:22	12:32	2019	144	923	Victor Gabriel Mazzuferi	47	M	2:54:35	2:53:08	13:17	2081	116	936	Ron Call	52	F	3:17:11	3:14:42	15:01	
1958	151	1055	Lauren Spiece	31	F	2:44:45	2:42:39	12:33	2020	134	924	Ritche Santiago	42	M	2:54:40	2:53:33	13:18	2082	7	1146	Jacqueline Parker	65	F	3:18:51	3:16:38	15:08	
1959	152	1056	Janelle Hesse	33	F	2:44:50	2:42:36	12:33	2021	93	1097	Dorothy McFadden	52	F	2:54:48	2:52:49	13:18	2083	174	1147	Sharon Benko	43	F	3:21:11	3:18:35	15:19	
1960	117	904	Matthew Lambert	30	M	2:44:51	2:42:19	12:33	2022	19	1098	Charlotte Gerhard	60	F	2:54:57	2:52:32	13:19	2084	117	937	Mike Gurdineer	36	F	3:25:29	3:23:37	15:39	
1961	114	905	Kristopher Grube	37	M	2:44:52	2:42:19	12:33	2023	155	1099	Shiang-Yi Lin	33	F	2:55:01	2:53:16	13:19	2085	160	1148	Ashley Klein	33	F	3:26:03	3:23:49	15:41	
1962	86	1057	Joseline Kraemer	50	F	2:44:53	2:43:20	12:33	2024	167	1100	Jill Greenwood	46	F	2:55:34	2:54:03	13:22	2086	156	1149	Olga Cobian	26	F	3:26:50	3:24:55	15:45	
1963	87	1058	Mickey Poorman	53	F	2:44:53	2:43:22	12:33	2025	9	925	Jim Aden	72	M	2:55:39	2:53:25	13:22	2087	22	1150	Deborah Ealer	62	F	3:27:39	3:25:01	15:48	
1964	88	906	Thomas Brennan	59	M	2:45:08	2:42:51	12:34	2026	96	1101	Danielle Reinhard	24	F	2:56:14	2:55:20	13:25	2088	51	1151	Barbara Helm	56	F	3:42:15	3:39:55	16:55	
1965	45	1059	Carole Burkhardt	56	F	2:45:10	2:43:00	12:34	2027	168	1102	Margaret Park	48	F	2:56:25	2:54:00	13:26	2089	185	1152	Denise Derricks	39	F	4:00:55	3:58:19	18:20	
1966	130	907	Joseph Weaver	40	M	2:45:46	2:43:36	12:37	2028	97	1103	Lauren Fedor	23	F	2:56:43	2:55:30	13:27										
1967	176	1060	Danielle Weaver	39	F	2:45:46	2:43:36	12:37	2029	169	1104	Kasey Hausman	40	F	2:56:58												



Half Marathon Awards

FEMALE OVERALL

Place Name	Age	City	Net	Guntime
1 Carly Shea	37	Lewisburg	1:20:41	1:20:41
2 Megan Duerring	39	Easton	1:23:16	1:23:17
3 Cassandra Tripaldi	27	Walnutport	1:25:00	1:25:00
4 Alexandra Swiatlocha	29	Mahopac	1:26:27	1:26:28
5 Jenna Papaz	33	Bethlehem	1:27:53	1:27:55

MALE OVERALL

Place Name	Age	City	Net	Guntime
1 Kevin Borrelli	33	Dickson City	1:10:29	1:10:29
2 Alex Diltz	23	Mertztown	1:11:20	1:11:21
3 Matthew Lutcz	25	Collegeville	1:12:23	1:12:23
4 Andrew Ferretti	27	Macungie	1:13:45	1:13:45
5 Dylan Cowell	23	State College	1:15:37	1:15:37

FEMALE MASTER 40 - 98

Place Name	Age	City	Net	Guntime
1 Nina Rems	43	Allentown	1:34:15	1:34:19
2 Christine Quiros	41	New York	1:35:22	1:35:26
3 Lauren Finn	40	Lancaster	1:36:28	1:36:35

MALE MASTER 40 - 98

Place Name	Age	City	Net	Guntime
1 Todd Wiley	45	Pipersville	1:15:50	1:15:51
2 Christopher Garges	41	Bethlehem	1:18:50	1:18:51
3 Josh Irvin	45	Downingtown	1:21:17	1:21:17

FEMALE AGE 1 - 19

Place Name	Age	City	Net	Guntime
1 Kiera Kehoe	18	Smithtown	1:35:10	1:35:26
2 Chelsea Defrancisco	19	Bethlehem	1:35:07	1:35:35
3 Marlee Hornbaker	17	Belvidere	1:38:47	1:39:04

MALE AGE 1 - 19

Place Name	Age	City	Net	Guntime
1 William Summers	17	Columbia	1:18:29	1:18:34
2 Braden Keenan	16	Belvidere	1:27:30	1:27:32
3 Jason Warren	16	Breinigsville	1:28:17	1:28:20

FEMALE AGE 20 - 24

Place Name	Age	City	Net	Guntime
1 Stephanie Soni	23	Towaco	1:32:20	1:32:27
2 Emily Levenson	22	Bethlehem	1:35:47	1:36:03
3 Stephanie Grow	24	Nazareth	1:38:58	1:39:16

MALE AGE 20 - 24

Place Name	Age	City	Net	Guntime
1 Dillon Farrell	23	Orefield	1:22:53	1:22:53
2 John Donchez	20	Bethlehem	1:27:21	1:27:23
3 Adam Walsh	23	Philadelphia	1:27:48	1:27:48

FEMALE AGE 25 - 29

Place Name	Age	City	Net	Guntime
1 Christina Cangelosi	28	Bethlehem	1:34:23	1:34:27
2 Colleen Magacs	28	Binghamton	1:35:43	1:35:46
3 Tracey Groel	29	Denville	1:37:01	1:37:05

MALE AGE 25 - 29

Place Name	Age	City	Net	Guntime
1 Will Gordon	27	Harrisburg	1:18:33	1:18:34
2 Eric Decker	27	Bethlehem	1:23:36	1:23:37
3 Adam Reese	26	Peckville	1:24:27	1:24:30

FEMALE AGE 30 - 34

Place Name	Age	City	Net	Guntime
1 Jenna Rau	31	Schnecksville	1:28:08	1:28:10
2 Dagmar Salazar	32	Rockville	1:30:20	1:30:23
3 Krista Hohenhilt	31	Mertztown	1:33:40	1:33:45

MALE AGE 30 - 34

Place Name	Age	City	Net	Guntime
1 Casper Magacs	31	Binghamton	1:18:21	1:18:22
2 Ryan OConnor	30	Philadelphia	1:22:58	1:23:02
3 Dustin Malavolta	33	Nazareth	1:23:17	1:23:19

FEMALE AGE 35 - 39

Place Name	Age	City	Net	Guntime
1 Amy Grab	37	Allentown	1:28:01	1:28:05
2 Sarah McKechnie	37	Macungie	1:34:25	1:34:30
3 Mary Berkenstock	38	Easton	1:35:04	1:35:17

MALE AGE 35 - 39

Place Name	Age	City	Net	Guntime
1 Kenrick Smith	36	Schnecksville	1:19:17	1:19:17
2 Sean Russell	39	Bethlehem	1:23:49	1:23:52
3 Stephen Ott	37	Schnecksville	1:25:26	1:25:27

FEMALE AGE 40 - 44

Place Name	Age	City	Net	Guntime
1 Tracy McFillin	41	Allentown	1:37:47	1:37:58
2 Suzanne Irvin	41	Downingtown	1:38:47	1:38:57
3 Cassandra Cunningham	43	Philadelphia	1:41:13	1:41:24

MALE AGE 40 - 44

Place Name	Age	City	Net	Guntime
1 Damon Grossman	42	Pottsville	1:30:37	1:30:38
2 Joel Allen	44	Gilbertsville	1:31:32	1:31:37
3 Rob Baran	43 M	Plains	1:32:08	1:32:11

FEMALE AGE 45 - 49

Place Name	Age	City	Net	Guntime
1 Nadine Hamilton	49	Allentown	1:37:50	1:38:02
2 Robin Kasprinski	48	Columbia	1:40:50	1:41:07
3 Sharon Iacobelli	49	Breinigsville	1:41:32	1:41:45

MALE AGE 45 - 49

Place Name	Age	City	Net	Guntime
1 Kevin Mahony	45	Easton	1:24:58	1:24:58
2 Lou Day	47	Oley	1:26:43	1:26:48
3 Brian Krick	47	Milford	1:28:16	1:28:17

FEMALE AGE 50 - 54

Place Name	Age	City	Net	Guntime
1 Raine Fussner	53	Kempton	1:38:15	1:38:23
2 Barbara Missal	51	Palmerton	1:40:04	1:40:23
3 Wendy Body	52	Emmaus	1:42:39	1:42:53

FEMALE AGE 55 - 59

Place Name	Age	City	Net	Guntime
1 Karen McGowan	59	Medford	1:37:45	1:37:49
2 Eileen Maguire	57	Emmaus	1:48:48	1:49:22
3 Karen Quinlan	57	Doylestown	1:51:01	1:51:17

MALE AGE 55 - 59

Place Name	Age	City	Net	Guntime
1 Michael Carolan	55	Allentown	1:32:13	1:32:19
2 Chris Krall	56	Kingston Twp	1:37:01	1:37:08
3 Matt Searles	55	Allentown	1:37:56	1:38:11

FEMALE AGE 60 - 64

Place Name	Age	City	Net	Guntime
1 Chris Moosey	60	Harrisburg	1:37:42	1:37:50
2 Kirby Smith	62	Akron	1:43:38	1:43:53
3 Greg Sumner	64	Bloomsbury	1:43:55	1:44:03

FEMALE AGE 65 - 69

Place Name	Age	City	Net	Guntime

<tbl_r cells



5k Results

Place	PLC DIV	PLC GEN	Name	Gun Time			Chip Time			Place	PLC DIV	PLC GEN	Name	Gun Time			Chip Time			Place	PLC DIV	PLC GEN	Name	Gun Time			Place				
				Age	GEN	Time	Age	GEN	Time					Age	GEN	Time	Age	GEN	Time	Pace				Age	GEN	Time	Age	GEN	Time	Pace	
1	1	1	Ryan Ritter	28	M	17:04	17:03	5:30		52	4	40	Christopher Orem	49	M	23:28	23:24	7:33	103	5	70	Kevin White	58	M	26:33	26:28	8:33				
2	1	2	Robert Leiser	15	M	17:23	17:23	5:36		53	2	13	Christina Giordano	37	F	23:30	23:27	7:34	104	10	71	Gryffin Mitsfifer	11	M	26:37	26:26	8:34				
3	1	3	Cole Barthold	32	M	17:47	17:46	5:44		54	2	41	Patrick Mulligan	23	M	23:36	23:20	7:36	105	4	34	Gabriella Benol	12	F	26:41	26:20	8:36				
4	1	4	Joe Vazquez	42	M	18:10	18:09	5:51		55	1	14	Melodie Wendling	42	F	23:37	23:35	7:36	106	6	72	Michael Jusinski	41	M	26:55	26:43	8:40				
5	1	5	Steven Dodson	54	M	18:13	18:13	5:52		56	1	42	Dwight Griffin	63	M	23:38	23:36	7:37	107	5	35	Becky Lalande	47	F	27:01	26:4	8:42				
6	1	6	David Wong	47	M	18:23	18:23	5:55		57	2	15	Gina Hinkle	40	F	23:39	23:22	7:37	108	1	36	Jennifer Nause	57	F	27:01	26:51	8:42				
7	2	7	Mark Christensen	30	M	18:29	18:27	5:57		58	5	43	Tim Olver	41	M	23:43	23:41	7:38	109	6	73	Mike Murphy	61	M	27:06	26:37	8:44				
8	2	8	Shawn Kister	42	M	18:35	18:35	5:59		59	1	16	Ava Fowler	15	F	23:43	23:21	7:39	110	1	37	Cathy Akridge	64	F	27:15	27:10	8:46				
9	2	9	Rob Gallagher	50	M	18:39	18:39	6:00		60	2	44	Timothy Schneider	63	M	23:44	23:41	7:39	111	5	38	Emma Hambleton	11	F	27:15	26:55	8:47				
10	3	10	Donald Wallace	52	M	18:56	18:55	6:06		61	1	17	Meagan Craver	21	F	23:46	23:43	7:39	112	4	39	Melissa Yenkevich	37	F	27:18	27:05	8:47				
11	1	11	Logan Iacobelli	14	M	19:06	19:06	6:09		62	3	45	Rick Weaver	55	M	23:48	23:47	7:40	113	2	40	Cindy Carr	50	F	27:20	27:11	8:48				
12	3	12	John Wolfrom	34	M	19:25	19:23	6:15		63	3	18	Teresa Hines	41	F	24:00	23:58	7:44	114	8	74	Paul Carr	50	M	27:20	27:12	8:48				
13	1	13	Matt Ladner	38	M	19:29	19:28	6:17		64	2	19	Lizzie Stifel	15	F	24:01	23:53	7:44	115	9	75	John Fives	51	M	27:28	27:05	8:51				
14	2	14	Matthew Wendling	14	M	19:42	19:40	6:21		65	5	46	Tim Moeller	49	M	24:07	23:58	7:46	116	2	41	Elizabeth Carroll	60	F	27:28	27:16	8:51				
15	2	15	Ray Fitzpatrick	37	M	19:54	19:52	6:25		66	3	47	Troy Repyneck	24	M	24:10	24:08	7:47	117	9	42	Stacey Hostetter	34	F	27:33	27:14	8:52				
16	1	16	Greg Bassham	57	M	20:01	20:01	6:27		67	3	20	Tara Crocker	29	F	24:11	24:06	7:47	118	6	43	Michele Miller	42	F	27:35	27:19	8:53				
17	3	17	Bill Tanzola	41	M	20:18	20:16	6:32		68	4	48	Kevin Smith	59	M	24:13	24:10	7:48	119	11	76	Manny Flick	10	M	27:35	26:55	8:53				
18	1	1	Kristin Rutkowski	39	F	20:21	20:19	6:33		69	1	49	Len Matysczak	65	M	24:15	24:06	7:49	120	2	44	Amy Korner	20	F	27:39	27:20	8:54				
19	4	18	Michael Joyce	43	M	20:25	20:23	6:35		70	10	50	Aaron Hege	15	M	24:17	24:14	7:49	121	5	45	Cady Darago	35	F	27:41	27:31	8:55				
20	4	19	Doug Whipple	50	M	20:36	20:32	6:38		71	8	51	Andy Wendling	11	M	24:33	24:30	7:54	122	7	77	Al Veneziano	60	M	27:41	27:28	8:55				
21	2	20	Doug Toth	15	M	20:45	20:41	6:41		72	11	52	Ethan Green	15	M	24:35	24:29	7:55	123	7	46	Christina Walkosak	44	F	27:47	27:36	8:57				
22	3	21	Cayden Fitch	11	M	20:52	20:50	6:43		73	12	53	Michael Datz	18	M	24:35	24:19	7:55	124	6	78	Michael Larena	24	M	27:54	27:47	8:59				
23	3	22	Michael Dewhurst	17	M	20:54	20:53	6:44		74	3	54	Pappy Warmkessel	62	M	24:37	24:31	7:56	125	3	47	Denise Reaman	50	F	27:54	27:46	8:59				
24	5	23	Dan Fabrizio	54	M	21:06	21:06	6:48		75	9	55	Jack Minahan	13	M	24:39	24:38	7:57	126	6	79	Dave Kerschner Jr.	35	M	27:55	27:48	9:00				
25	4	24	Edward Roeder	18	M	21:19	21:12	6:52		76	5	21	Tara Bouchard	34	F	24:50	24:45	8:00	127	6	48	Grace Wiragh	13	F	27:56	27:49	9:00				
26	5	25	Christopher Rodgers	15	M	21:34	21:28	6:57		77	4	22	Tracey Braim	43	F	25:00	24:50	8:03	128	3	49	Suanne Rieker	60	F	27:56	27:51	9:00				
27	4	26	Jack Guardiola	13	M	21:34	21:29	6:57		78	2	56	Jim Keeler	66	M	25:01	24:49	8:03	129	7	50	Kendall Wiragh	10	F	28:02	27:55	9:02				
28	6	27	Kyle Kleinberg	17	M	21:34	21:30	6:57		79	3	23	Amy Stauffenberg	39	F	25:06	25:03	8:05	130	10	80	Mark Wiragh	50	M	28:02	27:55	9:02				
29	5	28	Ben Iacobelli	14	M	21:38	21:37	6:58		80	4	57	Mike Dragotta	36	M	25:10	25:02	8:06	131	8	81	Brian Hill	47	M	28:13	28:03	9:05				
30	7	29	Cole Warmkessel	15	M	21:40	21:34	6:59		81	3	24	Sadie Dallas	12	F	25:18	25:15	8:09	132	6	51	Michelle Roeder	46	F	28:14	28:05	9:06				
31	1	2	Debi Burkholder	47	F	21:43	21:41	7:00		82	3	25	Vanessa Huber	18	F	25:20	24:31	8:09	133	13	82	Joe Rodgers	17	M	28:24	28:12	9:09				
32	1	3	Jessica Heffelfinger	25	F	21:43	21:38	7:00		83	6	26	Jill Henry	30	F	25:22	25:12	8:10	134	7	83	Robert Langan	44	M	28:31	28:19	9:11				
33	1	4	Christine Gerges	30	F	21:47	21:45	7:01		84	6	58	Peter Malkowicz	45	M	25:23	25:00	8:11	135	7	84	Andrew Goodbred	30	M	28:31	28:31	9:11				
34	2	5	Kerri Leh-Crossin	46	F	21:47	21:44	7:01		85	5	59	Paul Henry	33	M	25:24	25:13	8:11	136	5	52	Julie Ann Rich	29	F	28:32	19:43	9:11				
35	6	30	Geoffrey Kleinberg	12	M	21:53	21:49	7:03		86	4	60	Kyle Farkas	24	M	25:29	25:18	8:12	137	8	53	Jessica Graves	44	F	28:39	28:32	9:14				
36	4	31	Justin Eckert	34	M	21:54	21:54	7:03		87	3	27	Debby Cougar	47	F	25:31	25:26	8:13	138	6	54	Shannon Smedstad	38	F	28:43	28:31	9:15				
37	7	32	Brady Gallagher	10	M	21:55	21:55	7:04		88	4	61	Walter Lemanek	60	M	25:31	25:28	8:13	139	7	55	Carolyn Fitch	38	F	28:52	28:47	9:18				
38	3	33	Carl Tucker	38	M	22:00	21:58	7:05		89	7	28	Andrea Moore	30	F	25:34	25:28	8:14	140	11	85	David Hozza	52	M	28:52	28:45	9:18				
39	8	34	Jp Villano	15	M	22:02	21:50	7:06		90	8	29	Shelby Dieter	30	F	25:36	25:28	8:15	141	2	86	Evan Zuk	25	M	28:54	28:46	9:18				
40	2	6	Holly Frompovicz	33	F	22:02	22:01	7:06		91	6	62	David Stifel	50	M	25:41	25:31	8:16	142	7	56	Anne Grimshaw	46	F	28:54	28:38	9:19				
41	2	35	David Erb	55	M	22:03	22:01	7:06		92	5	30	Carmen Gerardi	44	F	25:45	25:43	8:18	143	4	57	Brenda Obrian	53	F	29:04	28:56	9:22				
42	9	36	William Stifel	18	M	22:13	22:04	7:09		93	5	63	Paul Miller	39	M	25:54	25:52	8:20	144	9	58	Megan Pultz	40	F	29:08	28:32	9:23				
43	1	7	Camryn Fitch	10	F	22:14	22:11	7:10		94	6	64	Troy Pearce	33	M	25:56	25:25	8:21	145	8	59	Debra Dreisbach	48	F	29:09	29:00	9:23				
44	1	8	Corinna Heffelfinger	51	F	22:20	22:15	7:12		95	4	31	Sheila Knerr	49</																	



5k Results

Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace	Place	PLC DIV	PLC GEN	Name	Age	GEN	Gun Time	Chip Time	Pace
154	14	90	Robert Fowler	51	M	29:31	29:06	9:30	205	4	105	Gregory Sidlar	28	M	31:23	31:09	10:07	256	15	138	Nicole Jaikes	37	F	34:14	34:02	11:01
155	12	91	Trey Fowler	13	M	29:31	29:06	9:30	206	15	101	An Vuong	25	F	31:27	31:03	10:08	257	6	119	Daniel Kushnir	26	M	34:16	33:56	11:02
156	7	65	Danielle Schaffer	25	F	29:33	29:23	9:31	207	14	102	Collette Chilebove	48	F	31:31	31:16	10:09	258	10	120	Eric Giordano	31	M	34:22	34:18	11:04
157	4	66	Joan Snyder	62	F	29:40	29:29	9:33	208	10	103	Madison Korner	13	F	31:36	31:17	10:11	259	7	121	Steven Ambler	58	M	34:25	34:05	11:05
158	10	67	Marcela Sustar	42	F	29:41	29:21	9:34	209	9	106	Bill Harvest	64	M	31:37	31:20	10:11	260	9	139	Ann Padjen	56	F	34:25	34:12	11:05
159	11	68	Nina Villano	43	F	29:41	29:29	9:34	210	5	104	Danielle Moore	21	F	31:41	31:22	10:12	261	11	122	Mike Raymond	33	M	34:27	33:58	11:06
160	2	69	Cheryl Maguire	55	F	29:42	29:33	9:34	211	1	105	Marianne Matysczak	65	F	31:43	31:33	10:13	262	17	140	Ashli Truchon	27	F	34:33	34:18	11:08
161	12	70	Kara Cenni	42	F	29:43	29:23	9:34	212	10	107	Scott Brenfleck	42	M	31:50	31:35	10:15	263	12	123	Justin Niessner	32	M	34:37	34:05	11:09
162	9	71	Beth Wolf	46	F	29:45	29:29	9:35	213	1	108	Richard Brenfleck	70	M	31:50	31:35	10:15	264	10	141	Catherine Smith	59	F	34:43	34:23	11:11
163	7	72	Stephanie Skilton	52	F	29:45	29:11	9:35	214	11	106	Julia Killar	11	F	31:51	31:39	10:15	265	21	142	Beatriz Sanabria	40	F	34:50	34:26	11:13
164	3	73	Katlyn Hosterman	20	F	29:47	29:44	9:36	215	11	107	Tamara Christ	37	F	31:53	31:39	10:16	266	16	143	Melissa N Woodruff	39	F	35:04	34:54	11:18
165	8	74	Rachel Malkowicz	27	F	29:49	29:22	9:36	216	15	108	Tamatha Urffer	44	F	31:56	31:49	10:17	267	12	144	Abby Snyder	13	F	35:10	34:49	11:20
166	12	75	Jamie Wagner	31	F	29:49	29:38	9:36	217	16	109	Melissa Kerschner	34	F	32:00	31:51	10:18	268	18	145	Samantha Bolen	33	F	35:16	34:56	11:21
167	4	76	Lauren Paulshock	24	F	29:51	29:43	9:37	218	9	110	Trudy Dimperio	53	F	32:03	31:42	10:19	269	19	146	Jessica Easler	33	F	35:18	34:46	11:22
168	8	77	Sierra Williams	13	F	29:52	29:29	9:37	219	12	111	Molly Driscoll	35	F	32:09	31:57	10:21	270	11	147	Judy Hoffman	57	F	35:19	34:47	11:22
169	9	78	Sarah Zacharias	29	F	29:52	29:40	9:37	220	6	109	Paul Dreyer	67	M	32:11	31:32	10:22	271	12	148	Donna Koder	56	F	35:24	35:07	11:24
170	5	92	Bob Robertson	65	M	29:53	29:43	9:37	221	8	110	Eric Knaake	37	M	32:12	31:46	10:22	272	15	149	Denise Biddinger	53	F	35:24	35:09	11:24
171	13	79	Corin Dries	43	F	29:54	29:18	9:38	222	9	111	Tom Whitmire	37	M	32:13	31:34	10:22	273	22	150	Tracy Rabenold	44	F	35:28	35:10	11:25
172	8	80	Misty Sommers	36	F	29:58	29:27	9:39	223	6	112	Katie Briggs	20	F	32:17	32:14	10:24	274	18	151	Dina Kyriakopoulos	28	F	35:36	35:15	11:28
173	15	93	Warren Walborn	53	M	30:00	29:37	9:40	224	16	113	Roxane Peters	42	F	32:19	32:13	10:24	275	20	152	Christin Gillier	32	F	35:42	35:14	11:30
174	10	81	Kathy Kapcos	48	F	30:08	29:55	9:42	225	5	112	Adam Haydt	29	M	32:50	32:50	10:34	276	19	153	Sarah Borden	25	F	35:45	35:35	11:31
175	16	94	Jeff Kapcos	51	M	30:08	29:54	9:42	226	13	114	Evelyn Unangst	38	F	32:50	32:28	10:35	277	10	124	Joseph Rodgers	62	M	35:46	35:33	11:31
176	11	82	Jessi Baatz	46	F	30:12	30:05	9:44	227	18	113	James Carr	53	M	32:51	32:33	10:35	278	8	125	Timothy Duryea	55	M	35:46	35:41	11:31
177	14	83	Dailynn McKeague	43	F	30:14	29:38	9:44	228	9	114	Jeffrey Baker	30	M	32:52	32:47	10:35	279	11	126	Vito Marzilliano	44	M	35:47	35:36	11:31
178	8	84	Karen Fegley	52	F	30:24	30:10	9:47	229	17	115	Petra Miltstifer	43	F	32:57	32:45	10:37	280	21	154	Theresa Lessey	30	F	35:57	35:25	11:35
179	10	85	Jennifer Maroney	28	F	30:27	30:17	9:48	230	5	116	Claire Mulligan	18	F	33:03	32:46	10:39	281	9	155	Renee Murnin	61	F	35:59	35:31	11:35
180	11	86	Jessica Allison	29	F	30:27	30:01	9:48	231	5	117	Christine Hofmeister	56	F	33:06	32:59	10:39	282	22	156	Omara Afzal	33	F	35:59	35:59	11:35
181	3	87	Jeannette Fox	59	F	30:29	30:11	9:49	232	6	118	Katherine Fagan	58	F	33:07	32:37	10:40	283	8	127	Mohammad Afzal	67	M	36:00	35:26	11:35
182	13	88	Jessica George	31	F	30:30	30:14	9:49	233	7	119	Madeline Catalano	59	F	33:07	32:51	10:40	284	23	157	Nina Skinner	34	F	36:02	35:32	11:36
183	17	95	Brian Kiernan	51	M	30:32	30:06	9:50	234	10	120	Jill Miller	53	F	33:08	32:45	10:40	285	16	158	Cathy Besch	51	F	36:05	35:52	11:37
184	14	89	Saitham Surachawala	32	F	30:33	30:14	9:50	235	7	115	Kevin Dolan	66	M	33:09	33:02	10:40	286	17	159	Christine O'Hara	52	F	36:05	35:52	11:37
185	8	96	Eric Simons	41	M	30:42	30:28	9:53	236	8	121	Lynn Altemose	57	F	33:12	32:50	10:41	287	24	160	Krysta Hendricks	30	F	36:06	35:33	11:37
186	13	97	William Lotto	12	M	30:43	30:35	9:53	237	15	116	Keith Rhinehart	12	M	33:13	33:07	10:42	288	18	161	Patricia Mulqueen	52	F	36:13	35:48	11:40
187	3	98	Rushabh Bhayani	28	M	30:44	30:41	9:54	238	7	122	Sarah Green	20	F	33:17	32:57	10:43	289	2	128	Dennis Faust	74	M	36:25	36:11	11:44
188	9	99	Wester Messina	43	M	30:46	30:22	9:54	239	11	123	Lisa Miller	53	F	33:17	32:57	10:43	290	19	162	Lori Jones	50	F	36:40	36:14	11:48
189	9	90	Lauren Reiss	35	F	30:48	30:43	9:55	240	18	124	Nicolle Graaf	44	F	33:21	33:00	10:44	291	20	163	Gloria Power	54	F	36:42	36:25	11:49
190	7	100	Adam Reiss	35	M	30:48	30:43	9:55	241	14	125	Kristy Murray	36	F	33:26	33:10	10:46	292	23	164	Caroline Decray	44	F	36:43	36:06	11:49
191	14	101	Elijah Reino	14	M	30:49	30:38	9:56	242	10	117	Matthew Styles	36	M	33:30	32:55	10:47	293	15	165	Beth Fogel	45	F	36:44	36:33	11:50
192	12	91	Danielle Barzydlo	26	F	30:54	30:40	9:57	243	19	126	Val Johnson	43	F	33:30	33:08	10:47	294	12	129	Christopher Bard	35	M	36:44	36:28	11:50
193	8	102	Adam Duryea	32	M	30:55	30:48:	9:57	244	12	127	Karen Ayres	54	F	33:30	33:08	10:47	295	19	130	Michael Sylvester	50	M	36:45	36:17	11:50
194	6	103	George Bassig	55	M	30:58	30:40	9:58	245	6	128	Debi Matthews	60	F	33:31	33:14	10:48	296	21	166	Stacey Lange	51	F	36:47	36:25	11:51
195	12	92	Nancy Wilt	48	F	31:02	30:42	10:00	246	16	129	Joanna Reckley	27	F	33:33	33:11	10:48	297	13	167	Mona El-Gayar	59	F	36:52	36:22	11:52
196	5	93	Joanne Zairo	60	F	31:04	30:50	10:00	247	8	130	Shannon Kramer	24	F	33:33	33:12	10:48	298	24	168	Emily Killar	42	F	36:52	36:40	11:52
197	10	94	Christy McLaughlin	39	F	31:05	30:46	10:00	248	7	131	Katherine Garistina	60	F	33:36	33:07	10:49	299	14	169	Rebecca Tacca	55	F	36:57	36:49:	11:54
198	13	95	Mariah Hanko	28	F	31:08	30:40	10:02	249	13	132	Lora Luchansky</														



5k Results



5k Awards

5K FEMALE OVERALL

PLC Name	Age	City	Net	Guntime
1 Kristin Rutkowski	39	Bethlehem	20:19	20:21
2 Debi Burkholder	47	Allentown	21:41	21:43
3 Jessica Heffelfinger	25	Kunkletown	21:38	21:43

5K MALE OVERALL

PLC Name	Age	City	Net	Guntime
1 Ryan Ritter	28	Allentown	17:03	17:04
2 Robert Leiser	15	Kutztown	17:23	17:23
3 Cole Barthold	32	Breinigsville	17:46	17:47

5K FEMALE AGE 1 - 14

PLC Name	Age	City	Net	Guntime
1 Camryn Fitch	10	Fogelsville	22:11	22:14
2 Cami Bortz	13	Bethlehem	22:46	22:52
3 Sadie Dallas	12	Emmaus	25:15	25:18
4 Gabriella Benol	12	Easton	26:20	26:41

5K MALE AGE 1 - 14

PLC Name	Age	City	Net	Guntime
1 Logan Iacobelli	14	Breinigsville	19:06	19:06
2 Matthew Wendling	14	Center Valley	19:40	19:42
3 Cayden Fitch	11	Fogelsville	20:50	20:52

5K FEMALE AGE 15 - 19

PLC Name	Age	City	Net	Guntime
1 Ava Fowler	15	Wallingford	23:21	23:43
2 Lizzie Stifel	15	Easton	23:53	24:01
3 Vanessa Huber	18	Emmaus	24:31	25:20

5K MALE AGE 15 - 19

PLC Name	Age	City	Net	Guntime
1 Doug Toth	15	Bangor	20:41	20:45
2 Michael Dewhurst	17	Perkasie	20:53	20:54
3 Edward Roeder	18	Easton	21:12	21:19

5K FEMALE AGE 20 - 24

PLC Name	Age	City	Net	Guntime
1 Meagan Craver	21	Spring Grove	23:43	23:46
2 Amy Korner	20	Woodbridge	27:20	27:39
3 Kaitlyn Hosterman	20	Bethlehem	29:44	29:47

5K MALE AGE 20 - 24

PLC Name	Age	City	Net	Guntime
1 Nicholas Tatarian	21	Belvidere	22:59	23:07
2 Patrick Mulligan	23	Easton	23:20	23:36
3 Troy Repyneck	24	Center Valley	24:08	24:10

5K FEMALE AGE 25 - 29

PLC Name	Age	City	Net	Guntime
1 Hannah McGoldrick	26	Bethlehem	22:48	22:50
2 Tara Crocker	29	Allentown	4:06	24:11
3 Emily Yurick	27	Bethlehem	25:43	26:00

5K MALE AGE 25 - 29

PLC Name	Age	City	Net	Guntime
1 Evan Zuk	25	Bethlehem	28:46	28:54
2 Rushabh Bhayani	28	Hazleton	30:41	30:44
3 Gregory Sidlar	28	Bethlehem	31:09	31:23

5K MALE AGE 50 - 54

PLC Name	Age	City	Net	Guntime
1 Rob Gallagher	50	Quakertown	18:39	18:39
2 Donald Wallace	52	Glen Gardner	18:55	18:56
3 Doug Whipple	50	Lumberville	20:32	20:36

5K FEMALE AGE 55 - 59

PLC Name	Age	City	Net	Guntime
1 Jennifer Nause	57	Allentown	26:51	27:01
2 Cheryl Maguire	55	East Stroudsburg	29:33	29:42
3 Jeannette Fox	59	Kintnersville	30:11	30:29

5K MALE AGE 55 - 59

PLC Name	Age	City	Net	Guntime
1 Greg Bassham	57	Mountain Top	20:01	20:01
2 David Erb	55	Harrisburg	22:01	22:03
3 Rick Weaver	55	Bethlehem	23:47	23:48

5K FEMALE AGE 60 - 64

PLC Name	Age	City	Net	Guntime
1 Cathy Akridge	64	Toms River	27:10	27:15
2 Elizabeth Carroll	60	Mechanicsville	27:16	27:28
3 Suanne Rieke	60	Center Valley	27:51	27:56

5K MALE AGE 60 - 64

PLC Name	Age	City	Net	Guntime
1 Dwight Griffin	63	Allentown	23:36	23:38
2 Timothy Schneider	63	Philadelphia	23:41	23:44
3 Pappy Warmkessel	62	Allentown	24:31	24:37

5K FEMALE AGE 65 - 69

PLC Name	Age	City	Net	Guntime
1 Marianne Matyszczak	65	Wyoming	31:33	31:43
2 Gloria Shomper	66	New Tripoli	40:04	40:24
3 Evelyn Gonzaga	66	Macungie	48:42	48:45

5K MALE AGE 65 - 69

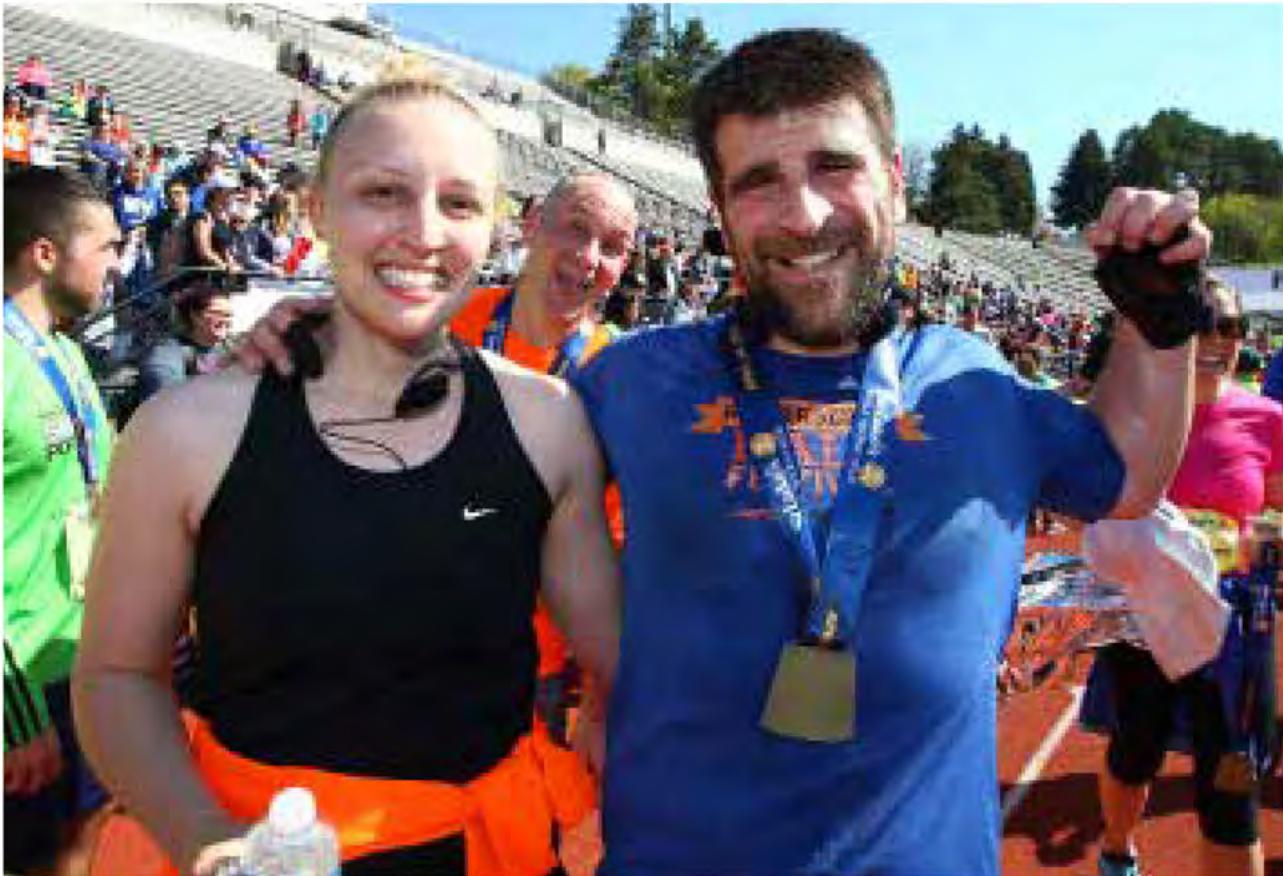
PLC Name	Age	City	Net	Guntime
1 Len Matyszczak	65	Wyoming	24:06	24:15
2 Jim Keeler	66	Bethlehem	24:49	25:01
3 Tom Ritter	65	Allentown	26:16	26:20

5K FEMALE AGE 70 - 98

PLC Name	Age	City	Net	Guntime
1 Elaine Kehler	71	Easton	37:48	38:04
2 Joan Johnson	73	Warwick	44:34	45:04
3 Susan Rebert	72	Macungie	49:36	50:26

5K MALE AGE 70 - 98

PLC Name	Age	City	Net	Guntime
1 Richard Brenfleck	70	Allentown	31:35	31:50
2 Dennis Faust	74	Lancaster	36:11	36:25



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